#### RECYCLING & SUSTAINABILITY



Roger Williams University is one of the Top 322 Green Colleges in the USA according to the **Princeton Review** 

#### What is Sustainability?

We often hear the term, but what does it really mean?

Sustainability is equity over time ... think of it as extending the Golden rule through time ... Do unto future generations as you would have them do unto you. - Robert Gilman

"Leave the world better than you found it, take no more than you need, try not to harm life or the environment, make amends if you do." -Paul Hawken

### How GREEN something is, is all relative.

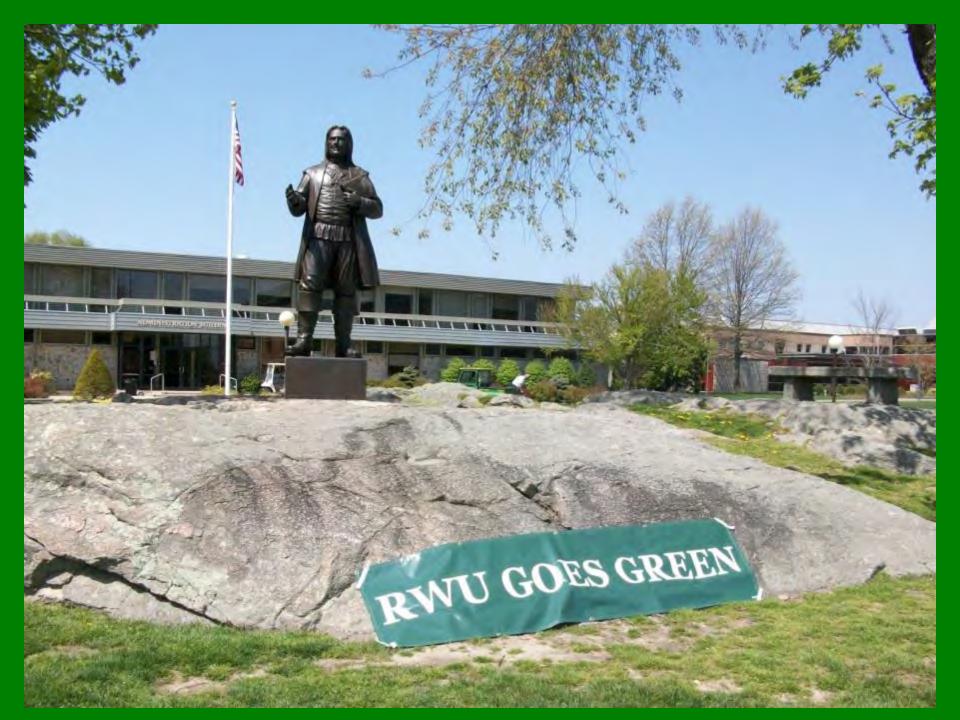
## Generally speaking, how GREEN a thing or action is depends on what it is replacing.

Example: If RWU Public Safety purchases a Toyota Prius hybrid to replace a big Ford Explorer, that would be VERY green. If they buy a Prius to use instead of foot patrols, use of the Prius is not green at all. Use of the Prius would actually INCREASE their Carbon Footprint.

-Scott Yonan

# RWU SUSTAINABILITY EFFORTS

## REDUCE REUSE RECYCLE





#### In the residence halls

















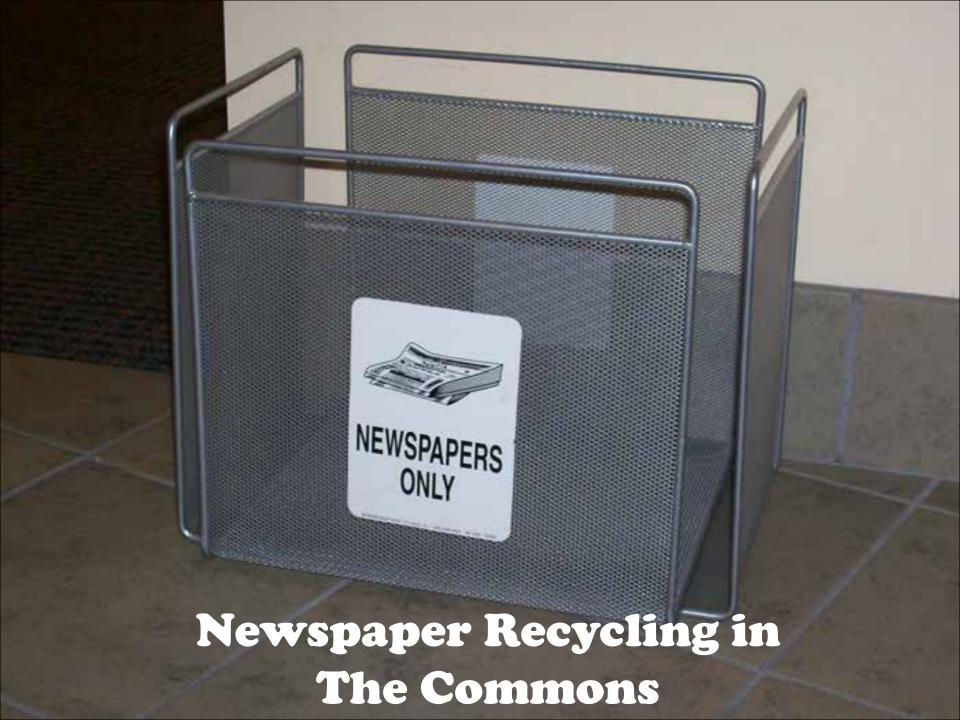


#### REUSEI

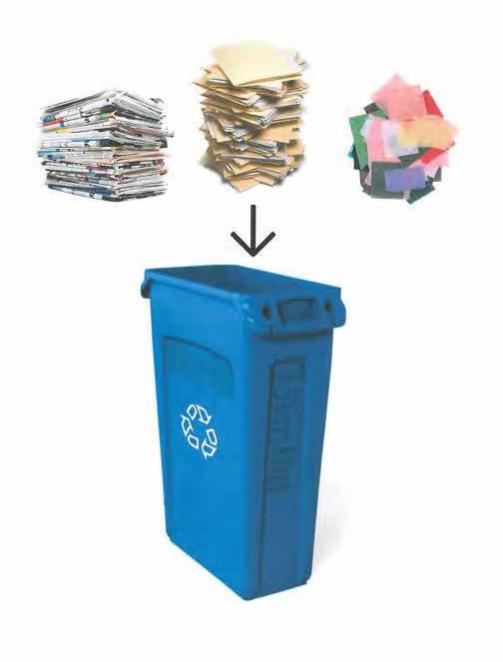
The Barn (Performing Arts Center)
Relocated piece by piece















# We give all of our waste oil to Newport Biodiesel where it is converted into biofuel which can run in any diesel engine.



#### PUBLIC SAFETY









Public Safety has replaced gas-guzzlers with a Toyota Corolla, Prius Hybrid, and plug-in electric GEM Car.







Testing EV (Electric Vehicles) for possible future use.

#### INFORMATION TECHNOLOGY







#### **EV (Electric Vehicle) Charging Stations**















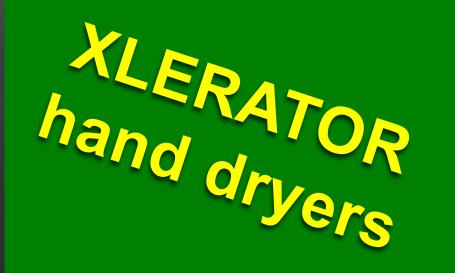


### Non-polluting cleaning products



Replacing incandescents with CFLs & LEDs





take the place of \$30 - \$60 of paper towels
per week, per restroom
PLUS eliminate all of the
labor required for paper towel installation and disposal
PLUS eliminate all of the
paper towel waste from the landfill





16 toters of commingled recyclables recycled at RWU everyday



All new construction meets LEED Silver Standards.

#### What is LEED?

The Leadership in Energy and Environmental Design (LEED) Green Building Rating System™

LEED standards have us look at all aspects of new building construction to make the building as carbon-neutral as possible.

- Razing old buildings in an environmentally-friendly way (recycling/reusing materials from the old building and disposing of hazardous materials in a responsible way)
- Constructing a new building which is as "green" as possible when it comes to construction methods, interior and exterior materials, HVAC systems, plumbing and water usage, furniture, carpeting, paint, waste disposal, electrical systems, lighting, trash disposal and recycling, reduction of impervious surfaces (better drainage) and building emissions.



















New conveniently-located bike racks to encourage the use of bicycles



### Green Roof on MNS Addition

## STUDENTS

# At the urging of green-minded students, the University signs onto the PRESIDENTS' CLIMATE COMMITMENT



http://www.presidentsclimatecommitment.org/

## The PRESIDENTS' CLIMATE COMMITMENT

commits the University to working towards becoming carbon-neutral and incorporating SUSTAINABILITY into all facets of the curriculum and daily operations of Roger Williams University

### RWU has also signed on to the CLINTON GLOBAL INITIATIVE. We have created a green team of student leaders who promote conservation and recycling in the residence halls and campus-wide. These students are our ECO-REPS!





















### Hydration Stations promote use of reusable water bottles rather than purchasing bottled water.















## Earth Day



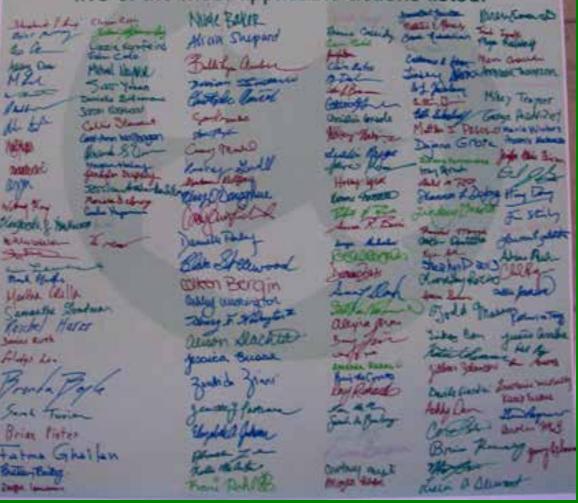






I pledge to support Roger Williams University's efforts to reduce its environmental impacts and implement Campus-wide Recycling & Sustainability Principles.

I will make my contribution by pledging to do at least five of the most applicable actions listed.













Shopping bags made of recycled cotton





















## PEDAIL POWERED SMOOTHIES







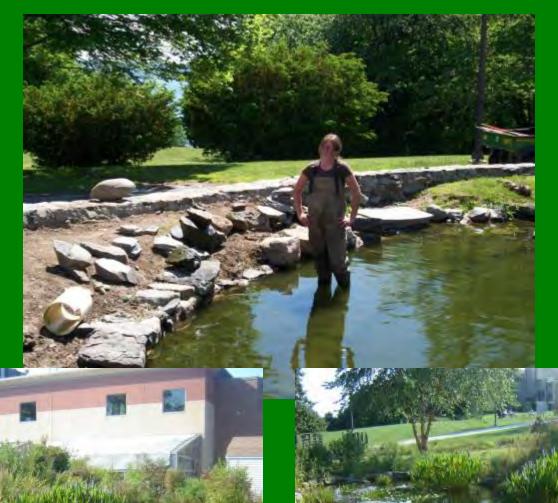








83 + 100











## MEDIA SERVICES



## Recycling of all TECHNOTRASH—CDs, DVDs, videotapes

# VICE PRESIDENT for STUDENT AFFAIRS



### RIPTA PROGRAM

## DINING SERVICES BON APPETIT

- Buy Locally whenever possible
- Waste Reduction Program
- Low Carbon Diet
- Composting of all vegetable scraps from the kitchen
- Composting of all waste from Upper Commons dish room
- Recycling

### BUY LOCAL!



#### farmer's market newsletter



Mark Your Calendar...

#### The next best thing to picking it yourself!

Our 6th Farmer's Market is Friday, October 5 11:00 a.m.—2:00 p.m. In the Quad between the Commons and Admissions House

#### Our last full Farmer's Market.

It's sad, but true, this Friday will be our last Farmer's Market of the season.

We hope everyone enjoyed Bon Appétit's Eat Local Challenge this past Tuesday. We had a fantastic turnout for the expanded Farmer's Market in D'Angelo Commons!

One of the big hits during lunch on Eat Local Challenge was the Atlantic Red Crab and New Bedford Scallop Casserole served on beautiful scallop shells.

Chaf revised the recipe to conveniently feed a family of 4.

Add this one to your recipe books!

#### Atlantic Red Crab & Scallop Bake :: Serves 4

1 lb. large sea scallops 1 lb. red crab (you can substitute any crab)

1 lemon 1 cup bread crumbs Salt & pepper

#### How To:

 Remove the shell mussels from the scallops and cut in half. In a sauté pan with some olive oil sauté the scallops to just done and set aside to cool.

In a sauce pan melt the butter and save.

-th a mixing bowl, mix together the scallops and crab and dwide equally into four individual casserole dishes.

In a mixing bowl place in the bread crumbs and moisten with half the butter and wine, mix well. With the rest of the butter and wine combine and pour over the casserole dishes.

-Season them with salt & pepper and top with the crumbs.

-Place in a pre-heated 350 degree oven for about 5-6 minutes, remove, and serve.



Weekly Gardening Tip Carrots love tornatoes, and potatoes love beams, but onions don't like neas. these are little bits of garden wisdom For example, plant tomatoes and potatoes well apart, because as night shades; they share the same pests; also, plant beans near potatoes, because beans may repel the Colorado potato beetle and potatoes repel the Mexican bean beetle. Or, plant leeks near carrots, because leeks and other alliums (onion family) repel the carrot maggot. For next spring, investigate the properties of your crops and how they might interact, then plan your garden accordingly

Questions or Comments: Visit the online e-comment board at... www.cafebonappett-rwe.com

for a better crop!

To opt-out of this newsletter, please email Stephanie Colliton-Keith :: scolliton@rwu.edu















Filtered tap water as an alternative to bottled water in the upper Commons and the Bistro



Zero food miles...
No plastic bottle waste...
No bottles in landfills...
No transportation costs.

We're now giving you the choice to do your part to support sustainability.

For Regular or Flavored Water You'll Pay Only

75¢ When You Use a Cold Cup.

or

50¢ When You Use Your Own 16oz or 20oz Water Bottle,

Help us Help the world.

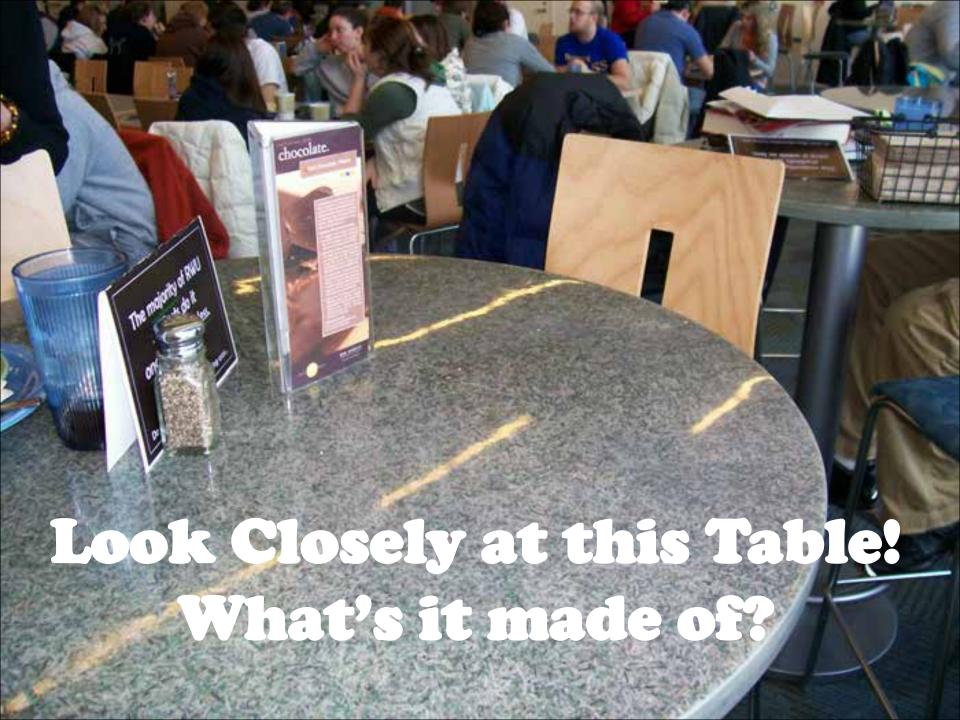
Since installation of AquaHealth, The Bistro now sells 120 fewer bottles of water every week. They are selling II8 gallons of the fountain water per month!





Recycling of All Cardboard









## HOUSING



## PURCHASING

## ALL APPLIANCES HAVE ENERGY STAR RATING



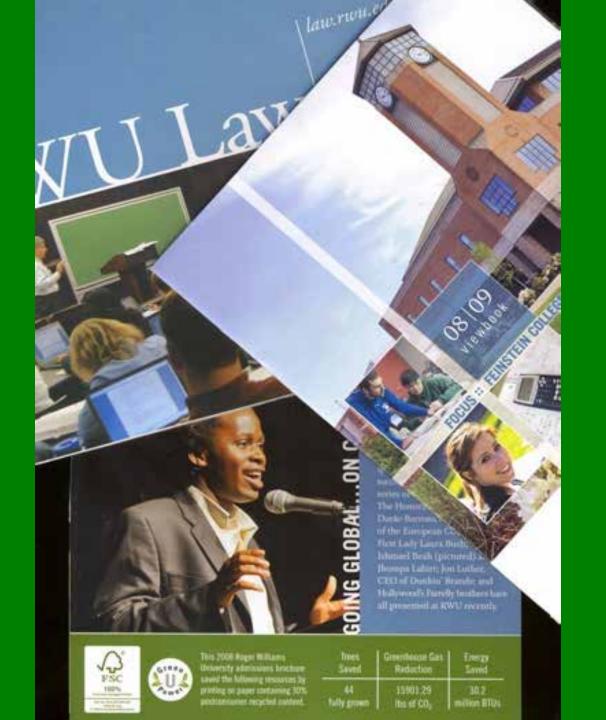


Office of the Vice President of Soudent Affairs

## Alletternead on recycled. content paper

One Old Perry Road Seinol, RI (12809-292) (401) 254-3642 Fax (401) 254-3804 E-mal [Sing@www.cdu

## UNIVERSITY COMMUNICATIONS







This 2008 Roger Williams University admissions brochure saved the following resources by printing on paper containing 30% postconsumer recycled content.

Trees	Greenhouse Gas	Energy
Saved	Reduction	Saved
44	15901.29	30.2
fully grown	lbs of CO <sub>2</sub>	million BTUs





The 2008 Roger Williams
University viewbook saved the
following resources by printing
on paper containing 30%
postconsumer recycled content.

Trees	Greenhouse Gas	Energy
Saved	Reduction	Saved
41	14996.3	28.5
fully grown	lbs of CO <sub>2</sub>	million BTUs

### CURRICULUM

## Creation of a minor in SUSTAINABILITY STUDIES

There are currently more than 45 RWU classes that address "Sustainability"... from business classes on "green marketing," to writing classes geared toward recycling and renewable energy, to engineering classes on LEED construction, to architecture classes in LEED design, to science classes in biodiversity, conservation and sustainable fisheries.

# Sustainability Studies site:

http://departments.rwu.edu/sustainability/

# The RI - OGRE Program Is repopulating the Bay With oysters!



# Leave your car at home. Use a Zipcar instead!





www.zipcar.com/rwu

## 0 M M N G E



#### WHAT TO RECYCLE

#### DO RECYCLE

#### GLASS

Recycle clear, green and brown glass beverage containers only. Rinse then remove foil (if any) before putting glass containers in your recycling bin. You do not have to remove paper labels.

#### ALUMINUM, TIN AND METAL CANS

Recycle all aluminum, tin and metal food and beverage cans. CLEAN ONLY! Remember many aluminum cans can be returned for deposit. Wash each item and place in recycling bin. You do not have to remove labels from your cans. To conserve space, you may crush your cans. So ... "Step On It!!"

#### PLASTIC CONTAINERS #1 AND #2 ONLY

Please rinse all containers. You do not have to remove paper labels. Recycle all milk and water jugs, soft drink bottles, as well as bleach, detergent and fabric softeners marked with a 1 or 2 on the bottom of the container.

DO NOT recycle scrap metal, paint cans, aerosol cans, automotive prod-

DO NOT recycle light bulbs, plate glass, tempered glass mirrors, ceram-

DO NOT RECYCLE

ics, Pyrex or any glass that is not a container. Please DO NOT recycle broken glass.

uct cans, or food contaminated aluminum plates, pie tins or foil.

DO NOT recycle plastic wrap, plastic bags or containers not marked with a 1 or 2, such as motor oils, antifreeze or hazardous materials. NO PVC, foam cups or foam packing.

glass

metal

plastic





#### PAPER RECYCLING

#### **ACCEPTABLE**

All office paper, any color any ink Paper envelopes Post-it notes **Papers** Time cards Index cards Computer print out Color office paper Laser printed paper Accounting ledgers Tabulating & time cards Letterhead stationary Loose-leaf pages Receipts Fax and telex sheets Scratch pads Copy and typing paper Interoffice memoranda Groundwood computer printout NCR (no carbon required) Envelopes with window

Cereal boxes (no plastic bag inside)

Legal pads Brown paper bags Magazines Newspaper

Phone books

#### **NOT ACCEPTABLE**

Pizza boxes
Food wrappings
Cardboard
Waxed paper
Plastic coated papers
Photographic & blueprint
Transparencies
Tyvek envelopes
Chipboard
Carbon paper

## What simple things can you do to be GREENER?

#### **CONSERVE WATER**



Turn off the faucet while
Brushing your teeth and save
3 gallons of water.
That is 6 gallons per day

Fill the sink instead of running the water while shaving and save another 4 gallons per day/1,460 per year

Times 365 days = 2,190 gallons per year

Shorten your shower by 1 minute and save 2.5 gallons per day times 365 = 912.5 gallons per year



#### RECYCLE WITH Us

#### Office Paper, Newspaper, Magazines

In recycle box under your desk or recycle bin in common areas.





#### Comingled Bottles, Cans,

#### Plastic Containers

In the 35 gallon yellow container in commons areas of all buildings.







#### Shredded Paper

Bagged in shredding bin or bagged and left beside trash bin in common area.

#### Cardboard

All clean cardboard broken down and neatly piled beside trash bin.

#### Yard Waste

Collected by Facilities Grounds staff only.

#### Larger Metal and Wood

Submit a work order and Facilities will collect it.

#### Light Bulbs

Collected by Facilities Staff

#### **Batteries**

Contact EHS



<u>Electronic</u> <u>Waste</u>

Contact | T







# Turn off your lights, computers and monitors .....don't use hibernation mode.





### Don't Waste Food

Take only what you are going to eat.

Eat all that you take.



# Print on BOTH SIDES of the paper – DUPLEX MODE



## REUSEABLE SHOPPING BAGS

NO MORE
PLASTIC BAGSI





#### Join the new student group



## Do you have green ideas? Want to get involved?

# Contact Scott Yonan at syonan@rwu.edu