

1. Click on Personal Health Assessment button located on the Simply Wellness website or see link in email below
2. Under the “New Users” section, create a Username, Password, and provide an Email address to create an account
4. Choose your campaign code based on whether you are a PSSA or not
3. Your campaign code is: **General Code: RWU2011... PSSA Code:PSSA2011**
4. Answer all the questions in the assessment
5. Upon completion, you’ll receive your online PHA report (Print out document for your own files)