Non Assigned HAWEs

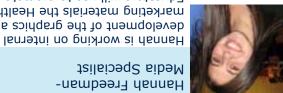
Hadley Avery- Fitness

health coaching, fitness training, on campus. She is available for encourage fitness and nutrition and programs that will with all students to create events Hadley is hoping to collaborate



ideas fitness fairs. Contact her with any questions or program development and events like 5k and

Media Specialist Hannah Freedman-



Educators will use to promote all marketing materials the Health development of the graphics and

10 Student Advisement Representative. BACCHUS network where she serves as the Area campus wide events with collaboration from the their creative ideas. In addition she will promote

Past Prevention Campaigns

- First Year Seminar Presentations
- Root Beer: The only beer you should be serv-
- Wake up about staying awake ing to minors
- Dont blow your life away
- Handcuffs: 21 Year old precurment laws
- Wheel of Wellness
- Happy 21st Birthday One-on-One interventions
- The Alcohol Incident Referral
- dent Development living area or in the office in the Center for Stuindividual residence hall, stop by a HAWE in your questions. You can find us on Facebook for your Feel free to contact us if you ever have any

Stonewall- Hannah Reynolds

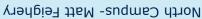
decisions. make healthy, and safe her peers and also helping them because she loves working with **Hannah** became a HAWE currently studying psychology. Hannah Reynolds is a junior,

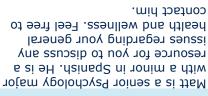


Maple- Kirstie Goodwin

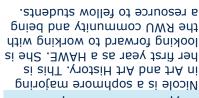
first year as a HAWE. In individualized major. This is her Manchester, NH with an Maple Hall. She sophomore from Kirstie Goodwin is the HAWE for

is here to help with health related issues. a member of EPAR and Maple Hall Council. Kirstie addition to being a HAWE, she is





Baypoint- Micole Duperre





Willow-Jenecke Casolino

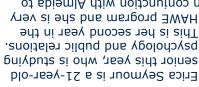
problems. help people with their personal program is because she likes to CT. Her interest the HAWE Education. She is from Orange, more studying Elementary Jenecke Casolino is a sopho-



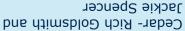
living in Almeida. Jessica is very for her second year and will be returning to the HAWE program major from Sharon, MA. She is Communications/Spanish double Jessica Sanborn is a Junior

group of students. excited and eager to begin working with a new

Bayside- Erica Seymour



apartment-style living. create fun programs for



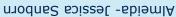
majoring in Finance with a minor school year; He is a junior, Cedar HAWEs in the 2009-2010 Rich Goldsmith is one of the two

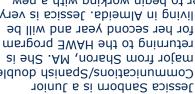
to help you out. concerns feel free to stop by and Rich will be sure men's rugby club. If you have any questions or in Mathematics. Rich is also part of the RWU

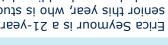
gmail.com. contact her at CedarHAWE@ meeting everyone. You can and is looking forward to She is always available to talk sociology/anthropology minor. psychology major with a Jackie Spencer is a senior,















Our Mission:

We as Health and Wellness Educators are students interested in promoting healthy lifestyles. We work together to educate the RWU community about alcohol & other drugs, safe sex, nutrition and general wellness.

We Believe...

- That health is an individual choice
- That people can choose to make lifestyle changes
- That motivation for change comes from within an individual



Harm Reduction Approach:

Our approach is non-judgemental with an emphasis in reducing harm to self and others

Services:

- One-on-One Basics interventions for alcohol
- Educational workshops and presentations
- Educational Resources
- On-campus prevention campaigns
- Social-norming campaigns
- One-on-One health coaching









Roger Williams University Health and Wellness Educators 2009-2010 "Helping Others Help Themselves"







Health Education Office Center for Student Development Rm 211 #401-254-0003

Donna Lynn Darmody Director of Health Education Health Education Office Rm 210 #401-254-3413