

2018 HAWE Application

Congratulations on making the important first step of becoming a HAWE. We welcome you as an applicant to the program.

The HAWE's are a group of student leaders who are dynamic, energetic, passionate and committed to reaching out and helping others make good decisions. We are looking for candidates who:

- Have good self-esteem
- Possess excellent time management and organizational skills
- Are models of healthy behaviors
 - Refrain from the use of all nicotine products
 - Do not use illegal drugs
- Have the ability to handle stress and are resilient when difficulties arise
- Are comfortable speaking in front of a group and visible in all public media
- Are natural helpers
- Adhere to RWU rules and regulations
- Are able to work in a team as well as alone

Mission

"We as Health and Wellness Educators are students interested in promoting healthy lifestyles. We work together to educate the RWU community about alcohol & other drugs, safe sex, nutrition and general wellness."

We believe...

- That health is an individual choice
- That people can choose to make lifestyle changes
- That motivation for change comes from within an individual

Our Motto is:

"Helping Others Help Themselves"

While many are attracted to the topics the HAWE's deal with because of past/present experiences this is not a self-help group. While many benefits are gained by being a HAWE (self-development) the focus of the program is to provide education and help other students realize their optimal health.

Personal Information:

Name: _____

RWU ID #: _____

Cell Phone: _____

Email: _____

Home Address: _____

RWU Box #: _____

Major: _____

Minor: _____

Year: _____

GPA: _____

RWU Housing: _____

Preferred Pronoun(s): _____

Application Directions:

1. Please state one person who will be providing a letter of recommendation: _____ (Must be a faculty member, administrator, staff member or previous employer or RWU Student Leader (e.g. Resident Assistant)).
2. Attach a resume (The Career Center can assist you with your resume x3224).
3. Answer the questions below on a separate piece of paper.
4. You will be scheduled for a 1 on 1 interview (informal) with the Director of Health Education. **Please bring a picture of yourself at that time.**
5. Your formal interview will be a group interview with the HAWEs and supervisors.

Questions:

1. What do you know about the HAWÉ program?
☐ What programs have you seen or attended?
2. Why are you applying to be a HAWÉ?

- ☐ What do you have to offer the group?
- 3. What healthy behaviors do you feel you possess that are models for others in the areas of nutrition, exercise, alcohol and other drug use, and mental health?
- 4. Please describe past experiences that have qualified you for this position including presenting in front of groups.
- 5. Of the following health topics that affect college students please rank from 1 to 5 in order of most interest and explain why for the top two.
 - ☐ Alcohol and other Drugs
 - ☐ Sexuality
 - ☐ Mental Health
 - ☐ General Health
 - ☐ Title XI

To be a candidate, you MUST meet all of the requirements and agree to the listed expectations. Please note your compliance and agreement by checking each box below.

Requirements:

- Must be a full time student going into their sophomore or junior year
- Must maintain a GPA of 2.5

Duties:

- Personal modeling of wellness
- Creating and delivering health promotion programs to the campus community
- Designing activities and workshops for campus groups
- One on One individual health coaching and delivering Brief Alcohol Screening Interventions with College Students (BASICS) with clinical supervision (2 hours per week)
- Provide resources and referrals on any health topic to RWU students
- Create media in the form of newspaper ads, fliers, brochures...
- Work with local high schools and community organizations if needed

Expectations:

- Attend Spring HAWE Welcoming
- Attend a Spring Peer Education Network Region 1 Conference

- Attend an intensive fall training program, the week before classes begin
- Participate in Weeks of Welcome (WOW) programs
- Attend a 3 day winter training prior to the first day of classes
- Must attend weekly HAWE meetings on Wednesday from **2:00pm to 4:00pm** (no exceptions)
- Must uphold and support University policies to serve as a positive community role model
- Cannot do a semester abroad in the first year of the program
- Two evening hours per week doing Alcohol Incident Referrals
- Attend training specific to: suicide, social justice, LGBTQ issues, and anything deemed relevant.

Compensation & Benefits:

- \$1,100 stipend/credit per semester
- Tremendous leadership and teamwork experience and the opportunity to creatively change your community through programming
- Clinical experience

IMPORTANT DEADLINES: Applications available on Monday, January 29, 2018. A full application MUST be submitted by Monday, February 26th, 2018. Group interviews are Wednesday, March 7th, 2018. Accepted HAWEs will be notified on Thursday, March 22nd, 2018.

If you have any questions please contact Donna Darmody in the Center for Student Development Room 210 401-254-3413 or contact a HAWE in Room 211 401-254-3491.