### Past Prevention Campaigns

- First Year Seminar Presentations
- Root Beer: The only beer you should be serving to minors
- Wake up about staying awake
- Keep Off The Grass
- Have a Safe Spring Break
- Happy 21st Birthday
- Wheel of Wellness
- One-on-One Health Coaching
- The Alcohol Incident Referral - BASICS (Brief Alcohol Screenings in College Students)
- GYT - Get Yourself Tested: Safe Sex Campaign

You can find us on [Facebook](#) under the page "The RWU Health and Wellness Educators (HAWEs)". You can also stop by a HAWE's room in your living area or in the Health Education office on the second floor of the Center for Student Development.
We as Health and Wellness Educators are students interested in promoting healthy lifestyles. We work together to educate the RWU community about alcohol & other drugs, safe sex, nutrition and general wellness.

Our Mission:

- That health is an individual choice
- That people can choose to make lifestyle changes
- That motivation for change comes from within an individual

Our approach is non-judgemental with an emphasis in reducing harm to self and others.

Harm Reduction Approach:

Our Mission:

- That health is an individual choice
- That people can choose to make lifestyle changes
- That motivation for change comes from within an individual

Services:

- One-on-One Basics interventions for alcohol
- Educational workshops and presentations
- Educational Resources
- On-campus prevention campaigns
- Social-norming campaigns
- One-on-One health coaching

“Helping others help themselves”

Roger Williams University
Health and Wellness Educators
2010 - 2011
“Helping Others Help Themselves”

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