

Erin M. Tooley, Ph.D.

Department of Psychology
Roger Williams University
One Old Ferry Road
Bristol, RI 02809
(315) 247-2914
Etooley@rwu.edu

Current Positions

Assistant Professor of Psychology
Roger Williams University
August 18, 2014- present

Adjunct Assistant Professor
Henry M. Goldman School of Dental Medicine
Department of Health Policy and Human Services Research
Boston University
9/1/14-present

Education

Ph.D. in Clinical Psychology <i>University of New Mexico, Albuquerque, NM</i>	2012
M.S. in Psychology, With Distinction <i>University of New Mexico, Albuquerque, NM</i>	2008
B.A. in Psychology, Magna Cum Laude, With Honors <i>Ithaca College, Ithaca, NY</i>	2005

Postdoctoral Fellowship

Postdoctoral Research Fellow, NIH Cardiovascular Behavioral Medicine T32
September 4, 2012- August 10, 2014
Warren Alpert Medical School of Brown University
Centers for Behavioral & Preventive Medicine, The Miriam Hospital

Clinical Internship

Boston Consortium in Clinical Psychology, Psychology Intern
September 1, 2011 through August 31, 2012
Clinical Fellow in Psychiatry- Harvard Medical School
September 1, 2011 through August 31, 2012
Teaching Fellow in Psychiatry- Boston University School of Medicine

September 1, 2011 through August 31, 2012

Main Rotation: Boston Substance Abuse Spectrum

Supervisors: Dr. Judith Bayog, Dr. Kelly Green, Dr. Justin Enggasser, and Dr. Timothy O'Farrell

Minor rotation: General Mental Health

Supervisors: Dr. Stephen Lancey, Dr. Barbara Kamholz, Dr. Justin Hill, and Dr. Gabrielle Liverant.

Specialized Skills

Coding therapist proficiency in the use of MI using both the Motivational Interviewing Treatment Integrity (MITI) coding system and the Motivational Interviewing Skill Code (MISC).

Coding therapist competence and adherence to the Community Reinforcement Approach (CRA), a substance abuse treatment for adolescents.

Publication List

Empirically-Reviewed Journal Articles

Tooley, E. M., Busch, A.M., McQuaid, E. L., & Borrelli, B. (in press). The Role of Structural and Functional Support in the Prediction of Smoking Cessation in Caregivers of Children with Asthma. *Behavioral Medicine*.

Smith, B.W., Ortiz, J.A., Steffen, L. E., **Tooley, E.M.**, Wiggins, K.T., Yeater, E.A., Montoya, J. D., & Bernard, M. L. (2011). Mindfulness is associated with fewer PTSD symptoms, depression symptoms, physical symptoms, and alcohol problems in urban firefighters. *Journal of Consulting and Clinical Psychology*, 79, 613-617.

Smith, B.W., **Tooley, E.M.**, Christopher, P.J., & Kay, V.S. (2010). Resilience as the ability to bounce back from stress: A neglected personal resource? *Journal of Positive Psychology*, 5, 166-176.

Smith, B. W., Papp, Z., **Tooley, E.**, Montague, E., Robinson, A., & Cosper, C. (2010). Traumatic events, perceived stress, and health in women with fibromyalgia and healthy controls. *Stress and Health*, 26, 83-93.

Hoyt, T., Pasupathi, M., Smith, B. W., Yeater, E. A., Kay, V. S., & **Tooley, E.** (2010). Disclosure of emotional events in groups at risk for PTSD. *International Journal of Stress Management*, 17, 78-95.

Smith, B.W., **Tooley, E.M.**, Montague, E.Q., Robinson, A.E., Cosper, C.J., & Mullins, P.G.M. (2009). The role of resilience and purpose in life in habituation to heat and cold pain. *The Journal of Pain*, 10, 493-500.

- Smith, B. W., **Tooley, E. M.**, Montague, E. Q., Robinson, A. E., Cosper, C. J., & Mullins, P. G. (2008). Habituation and sensitization to heat and cold pain in women with fibromyalgia and healthy controls. *Pain, 140*, 420-428
- Smith, B.W., Dalen, J., Wiggins, K., **Tooley, E.**, Christopher, P., & Bernard, J. (2008). The Brief Resilience Scale: Assessing the ability to bounce back. *International Journal of Behavioral Medicine, 15*, 194-200.
- Smith, B.W., Shelley, B.M., Dalen, J., Wiggins, K., **Tooley, E.**, & Bernard, J. (2008). A pilot study comparing the effects of Mindfulness-Based and Cognitive-Behavioral Stress Reduction. *Journal of Alternative and Complementary Medicine, 14*, 251-258.

Submitted For Review

- Tooley, E.M.** & Borrelli, B. (2014). Characteristics of Cigarette Smoking in Individuals in Smoking Concordant and Discordant Couples. *Patient Education & Counseling* (submitted for initial review).
- LaChance, H., Cioe, P. A., **Tooley, E.**, Colby, S. M., O'Farrell, T. J., & Kahler, C. W. Behavioral Couples Therapy for Smoking Cessation: A randomized clinical trial. *Psychology of Addictive Behaviors* (submitted for initial review).
- Fedele, D. A., **Tooley, E.**, Busch, A., McQuaid, E. L., Hammond, S. K., & Borrelli, B. (2014). Secondhand Smoke Exposure in Minority Children with Asthma. *Health Psychology* (resubmitted for review).

In Preparation

- Tooley, E. M.**, Moyers, T. M., & Fischer, D. (2014). Confirmatory factor analysis of the Evidence-based Practice Attitude Scale in a sample of substance abuse counselors. *Manuscript in Preparation*.
- Tooley, E. M.**, Busch, A. M., & Borrelli, B. (2014). Risk perception predicts smoking abstinence after treatment in light, moderate, and heavy Smokers. *Manuscript in Preparation*.
- Tooley, E.M.**, Fava, J., Busch, A. & Borrelli, B. (2014). The Relationship Antecedents of Smoking Scale (RAS): Evidence for initial reliability and validity. *Manuscript in Preparation*.

Book Chapters

- Smith, B.W., Christopher, P.J., Bouldin, L.E., **Tooley, E.M.**, Bernard, J.F., & J. Alexis Ortiz. (2011). Benefit finding predicts improved emotional health following cardiac rehabilitation. *Health Psychology*. Hauppauge, NY: Nova Science.
- Tooley, E. M.** & Moyers, T. (2012). Motivational interviewing. In Rotgers, F., Morgenstern, J., & Walters, S. T. (Eds.), *Treating Substance Abuse: Theory and Technique, Third Edition*.
- Smith, B. W., Epstein, E. M., Ortiz, J., Christopher, P. J., & **Tooley, E. M.** (2013). The foundations of resilience: What are the critical resources for bouncing back from stress? In S. Prince-Embury, D. H. Saklofske (Eds.), *Resilience in children, adolescents, and adults: Translating research into practice* (pp. 167-187). New York, NY US: Springer Science + Business Media.

Conference Presentations

- Borrelli, B. & **Tooley, E.** (2014, April). Treatment fidelity: Assessment, progress, and challenges in public health trials. In D. E. Goodrich (Chair), Systematic Fidelity Assessment to Develop More Effective Behavioral Interventions for Routine Care Settings. Symposium conducted at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- Tooley, E.**, Busch, A., McQuaid, E., & Borrelli, B. Perceived social support predicts smoking cessation in caregivers of children with asthma. Poster presented at 2013 APA Convention in Honolulu, Hawaii.
- Litwack, S., **Tooley, E.**, Towe, S., & Green, K. E. Evaluation of an integrated evidence-based intensive outpatient program for dually-diagnosed veterans. Poster presented at 2012 Harvard Medical School Psychiatry Research Day in Boston, MA.
- Fischer, D., **Tooley, E.**, Payne, K., & Weisman, K. Evaluating clinicians' ability to recognize client change talk: Will a paper and pencil test do the trick? Poster presented at 2010 annual meeting of the Research Society on Alcoholism in San Antonio, TX.
- Tooley, E.M.**, Bernard, J., Ortiz, A., Fuerst, H., Hoy, R., & Smith, B. W. Coping flexibility in women with fibromyalgia and healthy controls. Poster presented at 2010 annual meeting of the American Psychosomatic Society in Portland, OR.
- Espinosa, E., Brown, M., Cazé, R., Schellinger, E., **Tooley, E.M.**, & Smith, Bruce W. Traumatic events, perceived stress, and health in women with fibromyalgia and healthy controls. Poster presented at the 2009 annual meeting of the Rocky Mountain Psychological Association in Albuquerque, NM.

- Bouldin, L.E., Christopher, P.J., **Tooley, E.M.**, Bernard, J.F., Cosper, C.J., & Smith, B.W. Posttraumatic growth predicts improved affective health during cardiac rehabilitation. Poster presented at the 2009 annual meeting of the Rocky Mountain Psychological Association in Albuquerque, NM.
- Tooley, E.**, Montague, Robinson, Cosper, C., Godwin, M., & Smith, B.W. (2008, May). *Stress and coping in women with fibromyalgia and healthy controls*. Paper presented at the 11th International Conference for Social Stress Research in Santa Fe, NM.
- Wiggins, K., Smith, B.W., Shelley, B.M., Dalen, J., **Tooley, E.**, & Bernard, J. (2008, May). A pilot study comparing the effects of mindfulness-based stress reduction and cognitive-behavioral stress reduction. Paper presented at the 11th International Conference for Social Stress Research in Santa Fe, NM.
- Bernard, J., Wiggins, K., **Tooley, E.**, Dalen, J., Smith, B.W., & Shelley, B.M. (2008, March). A comparison of the effects of mindfulness-based stress reduction and cognitive-behavioral stress reduction. Poster presented at the annual meeting of the American Psychosomatic Society in Denver, CO.
- Smith, B.W., Robinson, A., **Tooley, E.**, Montague, M., Cosper, C., & Bernard, J. (2008, March). Differences in heat and cold pain thresholds between fibromyalgia patients and healthy controls. Poster presented at the annual meeting of the American Psychosomatic Society in Denver, CO.
- Tooley, E.**, Hoyt, T., Smith, B. W., Yeater, E. A., Hunter, M., & Bernard, M. (2008, February) Decision making in first-responders: Emotional influence on perceived success depends on situational factors. Poster presented at the annual meeting of the Society for Personality and Social Psychology in Albuquerque, NM.
- Tooley, E.**, Wiggins, K., Christopher, P., Bernard, J., & Smith, B.W. (2007, November). The role of coping and social support in predicting psychosocial risk factors for cardiovascular disease. Poster presented at the annual meeting of the Academy of Psychosomatic Medicine in Amelia Island, Florida.
- Tooley, E.**, Christopher, P., Archuleta, E., Bryan, P, Gutierrez, S., Newell, R., Robinson, A., Seik, A., Taylor, G., Lueker, R., & Smith, B. (2007). Resilience as a Predictor of Anxiety, Depression, and Stress in Cardiac Rehabilitation. Poster presented at Rocky Mountain Psychological Association, April 14, 2007.
- Wiggins, K., Dalen, J., Bernard, J., **Tooley, E.**, Archuleta, E., Charhoudi, L., Gonzales, S., Mathes, L., Hunter, M., Shelley, B. & Smith, B. (2007). Predictors of Improved Health in a Mindfulness Meditation Intervention. Poster presented at Rocky Mountain Psychological Association, April 14, 2007.

- Bernard, J.F., **Tooley, E.**, Christopher, P.J. & Smith, B.W. (2006). Perceived stress mediates the effects of alexithymia on physical symptoms. Poster presented at American Psychosomatic Society Conference, Denver, CO. March 1-4, 2006.
- Smith, B.W., Shelley, B.M., Vanleit, B., Christopher, P.J., & **Tooley, E.** (2006). Mindfulness intervention reduces physical symptoms and improves psychological well-being in a southwestern sample. Poster presented at American Psychosomatic Society Conference. Denver, CO. March 1-4, 2006.
- Tooley, E.**, Cummings, A., Rader, N., Vaughn, L.A., de Villiers, D., Rich, D., Langhans, R. (2006). The Effects of Plants and Flowers on Cognitive Performance, Mood, Subjective Well-Being and Physiological States. Poster presented at Habitation 2006 Conference. Orlando, FL. February 4-7, 2006.

Supervising Experiences

Postdoctoral Fellow, CREDD Project, Boston University Medical Campus/Brown University

September 2012-present.

Duties: Provide weekly supervision and training to Dental Health Advocates in Motivational Interviewing.

Supervisor: Belinda Borrelli, PhD.

Peer Supervisor, University of New Mexico.

Spring 2011.

Duties: Provide monthly peer supervision and training for graduate students in Motivational Interviewing.

Supervisor: Bruce Smith, PhD.

Peer Supervisor, New Heart Cardiac Rehabilitation.

May 2010- June 2011.

Duties: Provide training and supervision for two clinical psychology graduate students for a CBT stress-management group for patients with diabetes.

Supervisor: Bruce Smith, PhD.

Consultant, Chestnut Health Systems.

June 2008-present.

Duties: Review therapy sessions of clinicians attempting certification in Adolescent Community Reinforcement Approach substance abuse treatment and provide supervisory feedback.

Supervisor: Jane Smith, PhD.

Peer Supervisor, New Heart Cardiac Rehabilitation.

March 2008- August 2008.

Duties: Provided training and supervision for a clinical psychology graduate student for a CBT stress-management group for cardiac rehab patients.

Supervisor: Bruce Smith, PhD.

Honors and Awards

APA Convention Travel Award for Early Career Professionals, \$1000	2013
APS Young Scholar Award, \$500	2010
Psychology Department Travel Grant, \$121	2010
Distinction in Masters Thesis	2008
Student Research Allocation Committee Grant, \$93	2008
Psychology Department Travel Grant, \$50	2008
Trainee Travel Award to Academy of Psychosomatic Medicine Conference, \$750	2007

MI Training

<i>Instructor</i> , 1-hour MI training General Mental Health Team VA Boston Healthcare System	August 2012
--	-------------

<i>Co-Instructor</i> , 2-hour MI training Alcohol and Drug Treatment Program VA Boston Healthcare System	April 2012
---	------------

<i>Co-Instructor</i> , 2-hour MI training Center for Returning Veterans VA Boston Healthcare System	April 2012
--	------------

<i>Instructor</i> , half-day MI Training for nursing students University of New Mexico Supervisor: Dan Matthews, PhD	May 2010
---	----------

Trainings Attended

Cognitive Processing Therapy, Veteran/Military Version Boston Healthcare System Instructor: Patricia Resick, PhD	September 2011
---	----------------

Advanced Training in Motivational Interviewing Albuquerque, NM Instructor: Bill Miller, PhD	Spring 2011
--	-------------

Motivational Interviewing Skill Code (MISC) Albuquerque, NM Instructors: Lisa Hagen Glynn, M.S. and Kevin Hallgren	May 2010
---	----------

September 2014

Community Reinforcement and Family Training

January 2010

Albuquerque, NM

Instructor: Robert Meyers, PhD and Jane Smith, PhD

**Motivational Interviewing Treatment Integrity (MITI)
Coding System**

Spring 2009

Albuquerque, NM

Instructor: Jennifer Knapp Manuel, M.S.

Community Reinforcement Approach Training

June 2008

Natick, MA

Instructor: Robert Meyers, PhD and Jane Smith, PhD

Advanced Suicide Prevention Training

September 2007

QPRT (Question/Persuade/Refer/Treat) Gatekeeper Training

Albuquerque, NM

Instructor: David Lay, PhD

Advanced Motivation Interviewing

March 2007

Albuquerque, NM

Instructor: Mikyta Dougherty, PhD and William Miller, PhD

Introduction to Motivational Interviewing

February 2006

Albuquerque, NM

Instructor: William Miller, PhD

Acceptance and Commitment Therapy

April 2006

Albuquerque, NM

Instructor: Kelly Wilson, PhD

Service

Ad-hoc manuscript reviewer, *Annals of Behavioral Medicine*, February 2012.

Ad-hoc manuscript co-reviewer, *Preventative Medicine*, October 2012.

Abstract reviewer, Society of Behavioral Medicine 2013 Annual Meeting Rapid Communication Track, January 2013.

Ad-hoc manuscript reviewer, *Journal of Substance Abuse Treatment*, June 2013.

Ad-hoc manuscript reviewer, *Addictive Behaviors*, July 2013 and June 2014.

Ad-hoc manuscript reviewer, *Family, Systems & Health*, April 2014.

Ad-hoc manuscript reviewer, *Health Psychology*, May 2014.

Professional Organization Memberships

Association for Psychological Science
American Psychological Association
Division 38: Health Psychology
Society for a Science of Clinical Psychology
Society for Research on Nicotine & Tobacco

Committee Memberships

APA Division 38 Membership Committee September 2012-present

Training Site Committee, Intern Representative May 2012-August 2012
Boston Consortium
VA Boston Healthcare System

Diversity Committee Member September 2011-August 2012
Boston Consortium
VA Boston Healthcare System

Clinical Advisory Committee Member August 2005- May 2011
Department of Psychology
University of New Mexico

Program Development Experiences

Student Consultant for Implementation of Alcohol Specialty Clinic Model
UNM Psychology Clinic
Duties: Planning, development, and maintenance of alcohol specialty clinic model.

References

Belinda Borrelli, PhD, Full Professor (Research), Director, Program in Nicotine & Tobacco Research, Centers for Behavioral and Preventive Medicine, The Miriam Hospital, Warren Alpert School of Medicine at Brown University, Center for Behavioral and Preventive Medicine, Coro Bldg, One Hoppin Street, Suite 309, Providence, RI 02903. Phone: (401) 793-8040; email: Belinda_Borrelli@Brown.edu

Bruce W. Smith, PhD, Associate Professor, Department of Psychology, University of New Mexico, Albuquerque, NM 87131. Phone: (505) 277-0643; email: bwsmith@unm.edu

September 2014

Theresa Moyers, PhD, Assistant Professor, Department of Psychology, University of New Mexico, Albuquerque, NM 87131. Phone: (505) 925-2375; email: tmoyers@unm.edu