STUDENT LIFE AT RWU

A Newsletter for Parents and Students

Winter 2016

A Message from the Vice President of Student Life

Greetings Families and Students,



How quickly the Fall 2015 semester passed, and we are now busily preparing for the Spring 2016 term. Ten students from our Habitat for Humanity club have a head start participating in a build project in Charlotte, North Carolina the week of January 4 - 10! The following pages will give you a glimpse of what awaits your student when s/he returns to our beautiful campus, as well as a review of some of our fall highlights.

In October, over seventy students participated in the 2015 Anchor Student Leadership Conference at Roger Williams University. This event enabled students from across campus to analyze and practice valuable lessons of leadership and personal development in three domains: individual, group and community leadership. Throughout the conference, students were challenged to question their own leadership styles, knowledge and capacity. The goal of the Anchor Student Leadership Conference was to explore the significance of understanding the self and others

in an effort to create positive community change.

The Intercultural Center, including the Spiritual Life program, is always a bustling hub of activity. The Center celebrates the multiplicity of the RWU community while offering support and a voice for cultural diversity, sexual orientations, physical abilities and spiritual awareness. Fall highlights included the Jewish Experience film series and three vigils - Coming Out Day, Transgender Week of Remembrance, and a remembrance vigil for victims of terrorism. The Center is planning two service trips for the March spring break: New Orleans for the continuation of rehabbing areas of the city devastated by Hurricane Katrina and the Native American alternative spring break project. Also, a Nonviolence Training in the model of Martin Luther King, Jr., is scheduled in January for RWU students.

RWU's annual Homecoming and Family Weekend marked a memorable October 2015. So many of our current families and alumni enjoyed a terrific, fun-filled weekend that featured Casino Night, our 5K road race, the Midnight Madness winter sports pep rally, a comedy show, jazz brunch, and Autumnfest including the crowning of our 2015 Homecoming King and Queen, Colin McSweeney and Gabby Perez. Our annual Fall Dance Club show and the Mr. RWU Spectacular were once again semester highlights drawing hundreds of parents and students.

RWU athletics posted impressive records over the fall semester, including two Commonwealth Coast Conference Championships for women's soccer and volleyball conference titles. Roger Williams University is particularly proud of the twenty-five student athletes who received All-CCC recognition.

You are encouraged to review and make note of the events and dates highlighted on our Spring Calendar of Events, including important information from the department of housing and residence life.

Please know that we welcome your questions and feedback, and hope you will feel free to contact us in the Center for Student Development.

Sincerely,

John J. King, Ed.D. Vice President – Student Life

STUDENT LIFE AT RWU

A Newsletter for Parents and Students

Winter 2016

TABLE OF CONTENTS

Mr. RWU Spectacular	3
It's On Us	4
Health Services	4
Roger Williams Visits RI Comic Con	5
Drastic Measures Fall Semester Performances	5
FTA & the Colt Andrews School	5
Homecoming and Family Weekend 2015	6
Athletics Fall 2015 Season Wrap-Up	7
Lots Happening in the Intercultural Center!	8
Spiritual Life and Religious Observances at RWU	9
The Compost Plant	10
Wine Tasting Evening	10
Students Anchor themselves in Leadership at RWU	11
Spring Support Programs for Emotional Health & Resiliency	12
The Locker Room Men's Leadership	13
A Message from the Department of Public Safety	13
Calendar of Events	14

MR. RWU SPECTACULAR

by Kyle McAuliffe, Coordinator of Residence Education, Stonewall Terrace



On Nov. 21st, the Inter-Residence Hall Association held the 14th annual Mr. RWU Spectacular chaired by students Amy Starvish and Dorothy Wilkinson. Nine young men were nominated by their peers from across campus to be this year's participants.

Mr. RWU is a non-traditional male pageant in which the contestants and their Personal Assistants fundraise and educate our campus community about the Children's Miracle Network charity. In fact, Mr. RWU has raised over \$200,000 for the Children's

Miracle Network since its inception more than 15 years ago! This University tradition unites our campus as we support the Children's Miracle Network and Hasbro Children's Hospital of Rhode Island. Fundraising events include letters home, date auctions, pancake fundraisers, and "Pie a Contestant".

This year's theme was Disney Royalty, with each contestant and his personal assistant dressed up as well-known Disney duos. Contestants were judged on the money raised,

costume, talent, formal wear, and answer to a formal question. During the November show, Evan Hudon and his mother Julie, took the stage to talk about their own experience working with the Children's Miracle Network, including Evan's journey as a Children's Miracle Network child. When the night concluded the contestants had raised a total of \$14,000 for the Children's Miracle Network, and Corey Letendre took home the 2015 Mr. RWU crown.

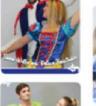
WE HOPE YOU ENJOY THE SHOW!





















IT'S ON US

by Tatiana Rugel, Student Title IX Educator



ItsOnUs.org

It's On Us is a national campaign to end sexual assault. Here at Roger Williams University, students have been actively trying to raise awareness amongst their peers on the topic of sexual assault. One particular group, the Student Sexual Assault Task Force, has worked to gather the campus community to take the It's On Us pledge to end sexual assault. These students, along with the Student Title IX Educator, recorded students, faculty, and staff taking the pledge for the 2015-2016 Roger Williams University It's On Us video. This video will be available for viewing at the start of the Spring 2016 semester.

The Student Sexual Assault Task Force is also hard at work planning events around the topic of sexual assault awareness for the Spring 2016 semester. They will be working with students, staff, and faculty throughout the campus community to host a panel discussing sexual assault from various points of view including how sexual assault is portrayed in the media, societal stereotypes, and historical perspectives on sexual assault. Keep a look out for dates and times to come.

Finally, the Student Sexual Assault Task Force will be hosting a screening of the full version of *The Hunting Ground* documentary on campus sexual assault. The full version will be offered with opportunities for students to discuss sexual assault from an outside community and global perspective.

We look forward to engaging the full RWU campus community with these important topics.

HEALTH SERVICES

by Anne Andrade, Director of Health Services

Just a couple health reminders to RWU parents and students as we begin the Spring 2016 semester.

Do you have a new Health Insurance Card?

If your **private health insurance or prescription plan** has changed please be sure to fax a copy (front and back) to Health Service so we can put it in your student's health record. The Health Service fax line is 401-254-3305, or you may have your student bring a copy of the card to the Health Service office on their next visit.

Cold and Flu Season

As we all know with winter comes cold and flu season. Living in close proximity to one another as college students do, the spread of germs and illness can be quick. Be sure to protect yourself by observing the following simple steps:

- 1. We highly encourage everyone to **get** an influenza vaccine. Flu shots are available at Health Service and at our local CVS the Metacom Avenue CVS store is on the shuttle route, and they take most insurances.
- 2. Healthy lifestyle with proper sleep, diet and exercise is your best defense against illness. In addition, the importance of good hand washing and general hygiene should not be underestimated.
- 3. If your student develops symptoms of upper respiratory infection or influenza, s/he can be seen at Health Service for assessment and care. The following website provides important information about flu prevention, assessment, and treatment: http://www.health.ri.gov/flu/

Spring Break is Right Around the Corner!

In the blink of an eye the days of spring will be upon us. Many students are already planning for **spring break**. This can be a much needed opportunity for rest and relaxation. Whether your student stays local or takes advantage of the time to travel, planning can go a long way for a fun, safe spring break. The following link may provide helpful information specific to college spring break and general traveling considerations:

http://www.cdc.gov/, then open the
Travelers' Health tab.

ROGER WILLIAMS VISITS RI COMIC CON

A group of 26 Alternative Entertainment Club members visited Rhode Island Comic Con at the Providence Convention Center in November. Alternative Entertainment provides gaming opportunities to the RWU campus. Comic Con is a premiere toy, comic book, media and collectible event. The students enjoyed a full day of exploring this exciting opportunity.



DRASTIC MEASURES Fall Semester Performances

Drastic Measures A Capella group has had a busy end to the Fall 2015 semester. Drastic Measures was invited to perform at the Middletown, RI Quilting Festival as well as the Simmons College Winter Invitational. The group ended their busy semester by hosting their annual Winter Holiday show.



FUTURE TEACHERS OF AMERICA (FTOA)

Future Teachers of America (FTOA) club members spent time during the Fall semester working with the Colt Andrews School. These students participated in the school's Halloween Event and Science Night.







Homecoming and Family Weekend 2015

by Amanda Kaufman '17

In October RWU hosted our annual Homecoming and Family Weekend. This fall tradition brings students, families, and friends together on our beautiful Bristol campus.



RWU Mascot Swoop enjoying Homecoming with families

Each year our Casino Night kicks off
Homecoming and Family Weekend.
Forty students assisted Mike Gallagher,
Assistant Director of Athletics, and Amanda
Kaufman '17, in dealing a variety of casino
games as well as overseeing our Just Dance
contest. Midnight Madness followed this
event and was sponsored by the Campus
Entertainment Network. The 2015 Winter
Pep Rally featured the introduction
of all Winter sports teams as well as
performances by Drastic Measures, the
Hawkettes Dance team and Dance Club.



Families enjoying carnival games at Autumn Fest

Saturday morning began with our annual Homecoming 5k Road Race for alumni, students, families, faculty and staff. The highlight of Homecoming and Family Weekend was Autumn Fest, where families and students enjoyed music and dance performances by our very own Dance Club, Drastic Measures and Hawkward. Ryan LaPerle was featured as the special guest entertainer. Students and families lined up to sample from a variety of food trucks, including fried dough, brick-oven pizza, popcorn, and a make-your-own caramel apple station! Autumn Fest is always a crowd favorite and with 15 student clubs running booths, this was truly a student experience.



Autumn Fest also included the crowning of our 2015 Homecoming King and Queen, Colin McSweeney and Gabby Perez. Colin and Gabby were selected by an all-student vote, and it was exciting to see them crowned. The additional members of the Homecoming Court included Chelsea Boulrisse, Jenna Brink, Frankie Colom, Alex Gomez, Juan Hernandez, and Rachel Trahan. The entire Homecoming Court appeared seemingly everywhere throughout the weekend, including dealing card games at Casino Night, emceeing The Winter Pep Rally and working various booths at Autumn Fest.



2016 Homecoming Court with John Zajicek (chair of the Court Committee) and Dr. Kathleen McMahon





Hawkward A Capella group entertaining during Autumn Fest

A Saturday Homecoming and Family Weekend highlight was our Annual Comedy Show, featuring Adam Ferrara. Adam, who stars in the TV show Top Gear, provided side-splitting fun for the crowd of over 800 people! Homecoming and Family Weekend ended on Sunday morning with the Student Life sponsored Jazz Brunch. This brunch was an opportunity for families to enjoy a meal in our Dining Commons and to connect with their students before heading home.



The Homecoming and Family Weekend committee would like to thank everyone who participated, and we look forward to next year's weekend. Homecoming and Family Weekend 2016 will take place October 21st-23rd, so be sure to mark your calendar now.

ATHLETICS FALL 2015 SEASON WRAP-UP

by Nicholas Williams, Athletics Communication Director

The Roger Williams University Athletic Department concluded the 2015 Fall season with outstanding results.





RWU teams captured two Commonwealth Coast Conference Championships, including the second straight championship for women's soccer and volleyball's seventh consecutive conference title. Men's Cross Country and Women's Tennis teams finished as runners-up in the conference, while Field Hockey made its first-ever CCC Tournament appearance in November.

Twenty-five student athletes from Roger Williams University received All-CCC recognition. Additional regional and national awards went to a number of Hawks, including NSCAA ECAC All-Star and NCAA Division III Women's All-New England Region recognition to Kristen Casey, Mariah Kaiser, and Jessica Valenti, AVCA All-Region Honorable Mention honors to Kristen Boyer, and NSCAA First Team All-American recognition to Mariah Kaiser.

Women's Soccer finished the fall season with a school-record 20 wins, including a win in the first round of the NCAA Tournament. The team began the season with a 23-game unbeaten streak, going 20-0-3.

Volleyball also advanced to the NCAA Tournament for the seventh straight season. Two RWU teams earned spots on the national rankings, including Women's Soccer with a high of #16 and Sailing with a high of #5.

The Men's Golf team qualified for the Commonwealth Coast Conference Championship for the first time since being reinstated as a varsity program, in addition to placing 18th at the NEIGA Championship. Women's Cross Country finished 29th at the NCAA Division III New England Regional Meet, while the men's team placed 27th.

Equestrian finished the fall placing third or better in four of their seven shows during the semester. The Hawks tied for Reserve Champion at their home show during Homecoming Weekend. Junior Stephanie Main had one of the best individual performances for RWU at the Brown University show on October 14, where she was named High Point Rider of the Day after winning at Open Flat and Intermediate Fences.

Men's Polo made its varsity debut with a 22-12 win over the University of Connecticut, as well as 17-16 win over nationally-ranked Cornell.

Under first-year Head Coach James Greenslit, Men's Soccer rolled to an 8-9-1 record on the season, while nearly upsetting third-seeded Gordon College in the Commonwealth Coast Conference Quarterfinals, being edged 1-2 in double overtime by the Fighting Scots.

Women's Tennis closed out the fall portion of the season against Endicott in the Commonwealth Coast Conference Championship. In addition, senior Lauren Schmidt became the Hawks' all-time leader in career victories in singles (52) and doubles (46).



LOTS HAPPENING IN THE INTERCULTURAL CENTER!

by Don Mays, Director of the Intercultural Center

The 2015 Fall semester in the Intercultural Center was full and rich with programs, activities and collaborations. More than a "Drop-in" space to hang out with students from all over the globe (including the US), The Center is always a-buzz with engaging and interactive programs, the smells of a variety of traditionally prepared foods, music, dance and the opportunity to meet one-on-one with a number of faculty members, administrators and staff. The Center is also the meeting place for students planning social justice initiatives and efforts to create a more inclusive community both inside and outside the classroom.

The Center is home to Multicultural Affairs, LGBTQ Affairs, International Student Affairs and Spiritual Life, all of which add to The Center's mission: "to create an atmosphere to support, respect and celebrate the multiplicity of the RWU community including, but not limited to, diversity of culture, nationality, ethnicity, religion, sexual orientation, gender and physical ability." This mission is reflected in all the programming sponsored by The

Center and its affiliated programs, clubs and organizations.

LGBTQ Affairs enjoyed a successful fall semester, with SAFE's (Sexuality Advocacy for Everyone) active membership more than doubling from 2014, and some new and exciting events that drew great attendance from the campus community. Student athletes were exposed to new perspectives during a Q&A session with the first openly transgender athletic coach, Stephen Alexander, during Transgender Week of Remembrance, and the campus community raised over \$250 for homeless LGBTQ youth and House of Hope RI at SAFE's annual Drag Queen Bingo for a Cause. In the spring, LGBTQ Affairs looks forward to celebrating annual Pride Week in April, as well as hosting a variety of queer programming and events throughout the semester. SAFE students will attend two conferences - True Colors Conference at UConn in March and New England LGBT Conference at Stony Brook University in April, to bring back new knowledge and skills for leadership and advocacy around LGBTQ issues. SAFE

will also host its 2nd annual field trip to the Center for Sexual Pleasure and Health (CSPH), where students can learn about safe sex and sexual identities in an affirming, inclusive, and interactive atmosphere. This field trip will be supplemented by a Pride Week workshop on campus facilitated by clinical staff from the CSPH. Additionally, the SafeZone Hawk Ally Training program trained 177 new Hawk Allies in six trainings this semester, along with 8 new facilitators who will begin leading workshops in the spring. The RWU SafeZone program will be presented at the True Colors Conference in March, marking the program's first formal training outside the RWU community since its founding. SafeZone will offer a minimum of five workshops for students, faculty, and staff on campus in the upcoming semester, with at least two open trainings being offered during Pride Week. If you have an LGBTQ-identifying or ally student who may want to become involved with SafeZone or related LGBTQ programs, please contact Kayla Casale at kcasale@rwu.edu.

The Third Annual Unity Day!



SPIRITUAL LIFE AND RELIGIOUS OBSERVANCES AT RWU

by Reverand Nancy Hamlin Soukup

As 2016 arrives, RWU's Office of Spiritual Life anticipates a variety of faith-based gatherings and multifaith activities for students in the spring semester. From Catholic Masses to InterVarsity Christian Fellowship (IVCF) prayer meetings and Bible study, from Friday Jumu'ah prayers for Muslim students, from Shabbat services to the Jewish Experience Spring Film Festival, RWU students are actively engaged in spiritual life and religious observances on campus.



Prayers being offered during a Shabbat in November for RWU Hillel sponsored by Lauren and David Sussman P'18 (foreground)

Highlights from the late fall include the ongoing Film Series on the Jewish Experience. Held each semester, the threeday event is a collaboration between the Spiritual Life Office, the Rhode Island International Film Festival, and RWU's Roving Eye Film Festival. In November, ten short- and long-feature films were screened in 2014 and 2015, reflecting Jewish life during the last 70 years in Europe, Israel, and the U.S. In addition, the RWU Hillel

celebrated a Shabbat hosted by Lauren and David Sussman P'18, parents of Hillel President Jacob Sussman. Thirty Hillel members and guests shared a joyous meal in the Intercultural Center.



In November, Rev. Nancy Hamlin Soukup, University Multifaith Chaplain and the Spiritual Life Office Director, participated in three vigils, two of which were for the RWU SAFE community—Coming Out Day and Transgender Week of Remembrance. She also led a vigil for RWU community members to remember the victims of terrorism.

At the end of 2015, planning was underway for two service trips scheduled for the March spring break. Students from IVCF will return to New Orleans, continuing their multi-year commitment to rehab areas of the city devastated by Hurricane Katrina. The Native American alternative spring break project, which visited Navajo Nation in 2015, will undertake a cultural immersion and service-learning experience in and around southern New England, fulfilling an important project goal—to have students engage in education about regional tribes. The group hopes to return to Navajo Nation in 2017.



Manveer Singh'16 and Faihan al-Fahani '16 at the 2015 Second Eid Dinner in the Upper Commons. Singh and al-Fahani have been the chefs for many Eid and Ramadan meals at the Intercultural Center and in the Upper Commons, often collaborating with the Bon Appétit staff.

Other activities being planned for the spring include a Nonviolence Training in the model of Martin Luther King, Jr., for RWU students in January; religious holiday commemorations for Lent and Easter; the annual Passover Seder for RWU Hillel; the Jewish Experience Film Series in April; and the 2015–2016 GOSPELFEST. Finally, the RWU affiliated chaplains from the Christian, Muslim, and Jewish traditions will offer a "God Squad" session during which students can ask their questions about these faiths.

For more information about the Office of Spiritual Life, you are welcome to contact the Rev. Soukup, University Multifaith Chaplain and Director of the Office, at 401-254-3433 or nsoukup@rwu.



THE COMPOST PLANT

by Stephanie Colliton, Bon Appetit Controller/Marketing Manager

Composting pre-consumer waste through the town of Bristol has been a systematic practice at RWU for many years. With the harsh realization that Rhode Island's only landfill will reach full capacity in twenty years and close to compostable waste (one-third of the landfill's intake), the Bon Appetit management team amped up our search for a more sensible composting arrangement. What we found was The Compost Plant, the state's first commercial food scrap collection service. The Compost Plant provides clients with 48 gallon totes to be filled with any and all compostable waste. Totes are collected and delivered to Earth Care Farm and are processed into high-quality compost. The move to composting post-consumer waste was an ecological learning opportunity for our guests and staff. Paper cups and to-go spoons must be approved as compostable materials, soup crackers were moved to bulk instead of plastic-packaged pouches, and the message to reduce the amount of outside plastic materials landing in our dish-return had to be communicated to the university community. Our utility crew has worked meticulously to fill post-consumer compost totes with matter that is pure and ready to create vigorous soil for our state. Since partnering with The Compost Plant in July 2014, Roger Williams University has proudly composted 41,200 gallons of waste - equal to 117.12 tons - and we've acknowledged the need for even more totes and more frequent campus pick-ups!



Wine Tasting Evening

by Danny DiCamillo, Assistant Director of Residence Life

On Tuesday, September 10th, residents from Almeida, Bayside and North Campus Residence Hall were invited to partake in the annual wine tasting event.

Residents of the 3 living areas who were 21 years of age or older were invited to this popular event sponsored for six years by Bon Appetit Dining Services and the Department of Residence Life and Housing. The event was hosted by Bon Appetit Head Chef Jon Cambra, the Newport Harbor Corporation Beverage Director Len Pannagio and Bon Appetit Catering Manager Joe Carney.

Together this trio shared their knowledge of food and wine for 2 hours, beginning with a 6PM seating. The wine selection was entirely from Newport Vineyards in Middletown, RI. The food was created and prepared by Chef Cambria and his staff. Five courses were paired with these local wines.

Georges Bank Scallop, Sun Choke-Carrot **Puree, Apple Cider Reduction** Chardonnay 2014 Black Bird Farm Pork, Braised with Apples, Autumn Spice, **New Mexico Chilies** Dry Riesling 2014 Rhode Island Mushroom Risotto, **Atwells Gold Cheese** Gewurztraminer 2014 Misty Knolls Farm Turkey Roulade, **Butternut and Cranberry, Pan Gravy** Pinot Noir 2014 Vanilla Panna Cotta, Almond Cake Cookie, Citrus Sauce Ice Wine 2014

At the end of the evening, each guest left with a guide book containing information about the wine enjoyed that evening as well as the five course recipes so guests could recreate the delicious fare that was showcased.



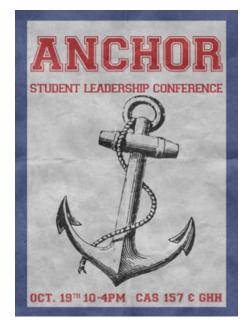




STUDENTS ANCHOR THEMSELVES IN LEADERSHIP AT RWU

by Matthew Regan '16





"The greatest crime in the world is not developing your potential. When you do what you do best, you are helping not only yourself, but the world." These famous words by Roger Williams served as my inspiration when planning the 2015 Anchor Student Leadership Conference at Roger Williams University. When I began as the new Student Program Coordinator for the SOAR Leadership program, I wanted to bring back this leadership opportunity for current students. I participated in the Anchor Student Leadership Conference my freshman and sophomore year, and I have applied the lessons and experiences I took away from these conferences throughout

my time at RWU. I want to make sure that every student at this school has the opportunity to develop the great potential they already have to become the leaders they were born to be.

Dr. John King, Vice President of Student Life, kicked off the day as our first keynote speaker. He addressed all three aspects of our conference into his talk: individual, group, and community leadership. Dr. King set the bar high for an incredible day for RWU students to develop as well-rounded leaders. The day continued with four speakers in three tracks: Individual, Group and Community. Students were able to self-select which track that most interested them. Our presentations allowed students to challenge themselves and participate in discussions that focused around topics of leadership. Dr. June Speakman of the Political Science Department closed the day as our final keynote speaker, discussing important leaders of our past and encouraging students at the conference to become the leaders of the future. Every speaker at our conference provided valuable lessons of leadership and personal development that I know the conference participants will actively use in their time at RWU, as well as in the future when they enter the workforce.

This conference would not have been possible without two incredible groups of students – the LEAD Tier of the SOAR

program and the dedicated SOAR Student facilitators. The LEAD class was tasked in selecting and securing speakers for the different sessions at the conference. The students compiled lists of faculty and staff members that could best address our three sessions. Each student in the LEAD class became the liaison for each speaker, communicating about needs and assisting in the presentation.

The SOAR Student facilitators helped design the event in the weeks leading up to the conference – making active decisions on locations, social media, and the structure of the day as well. These leaders were very instrumental in nominating and encouraging their peers to attend this daylong experience.

The Anchor Student Leadership
Conference was also a huge success
because of the hard work of the Student
Programs and Leadership staff; both Kasey
Geremia and Carol Sacchetti provided
guidance throughout this process. The
Anchor Student Leadership Conference at
RWU will hopefully continue to grow and
provide opportunities for every student
to develop their leadership potential. If
your student is interested in participating
in the SOAR program or would like more
information regarding our leadership
programs, please email Kasey Geremia at
kgeremia@rwu.edu.

Spring Support Programs for Emotional Health & Resiliency

By Dr. Jim Azar, Director of The Center for Counseling and Student Development



The Center for Counseling and Student Development has a rich tradition of soliciting student, faculty, and staff opinions as well as assessing student needs on a frequent basis. Our services are influenced by the feedback that we receive and the trends that we observe. Recently, it has been evident that students' number one complaint has been anxiety. They are searching for better ways to cope with the world and the pressures that they face. Faculty and staff echo those concerns and would like the Counseling Center to focus on programs that improve resiliency.

With this in mind, two specific groups are scheduled for the Spring 2016 semester. The goals of the "Dealing with Anxiety and Distress" workshop are to teach students skills that could help them manage their

emotions, reduce their stress and hopefully build better connections with their peers. The workshop series will be offered twice during the semester. To complement this series, a "Happiness Group" will also be offered. This group will utilize evidencebased practices that enhance mindfulness, gratitude, self-compassion, and service to others.

Another finding was that students struggle with loss far more often than one would suspect. In fact, our review of the literature revealed that 25% of the student body nationally has had a family member or close friend die within the last 12 months. Over the last 24 months the number rises to 45%. With this in mind we will expand on the "Grief and Loss' group that we offered in the fall semester. These programs will complement the interpersonal group entitled "Work, Love and Play: Building Healthy Relationships" and the support groups for the LGBTQ&Q and the international student communities that will also be held in the spring.

The Counseling Center is aware that as students and families move into a new year there may arise new life pressures that impact their wellness. For some it may be preparing for another academic semester filled with challenges and new

experiences. For others it may be dealing with losses or illnesses with their family members and/or friends. Mindful of the challenges facing the campus community, the Counseling Center staff is working to initiate community programs to maintain and enhance students' resilience in good and bad times.

We encourage students and parents to check out our web page. You will find mental health tips that address many of the issues that face everyday college students. There is also an opportunity to take an anonymous, free screening on a variety of mental health issues such as depression, anxiety, alcohol abuse and eating disorders.

Our services are confidential, which means we cannot share information about the fact or nature of students' visits to the Center without their permission. However, as a parent you are welcome to call us to share your concerns or to consult with one of our counselors. All full-time undergraduate and graduate students are eligible for all of our services, free of charge. The Center for Counseling and Student Development is located on the second floor of the Center for Student Development, and we can be reached at (401) 254-3124.



THE LOCKER ROOM MEN'S LEADERSHIP

by Corey Brown, CORE of Bayside Courts & Advisor to The Locker Room



RWU Students and Locker Room members Shayne Green, Noah Pushor, and Mike Field at the 10 Men Summit engaging in conversation with a fellow 10 Men Summit attendee.

It was a great fall semester for the Men's leadership group The Locker Room. The highlight of the semester was when the group traveled to Providence College on October 15th and attended the 10 Men Summit. At the 10 Men Summit, Locker Room group members spoke with other men from around the state of Rhode Island on ways to continue to educate men in their own communities on how to prevent gender violence. The event allowed for members of the Locker Room to meet great men from the area who are impacting their community in a positive way.

For the upcoming Spring semester, The Locker Room will be engaging in other events with the 10 Men Summit as well as hosting the 6th Annual Walk a Mile in Her Shoes event at RWU in April 2016.

DEPARTMENT OF PUBLIC SAFETY

A Message from the Department of Public Safety, Director Steven M. Melaragno

On behalf of the Department of Public Safety, I want to welcome you, the families of our students, to our university community. Allow me to describe for you some of the services we provide, and give an overview of the department.

Public Safety Officers are on duty 24 hours a day, seven days per week. The combination of our beautiful location and our continued commitment to keeping students safe makes Roger Williams University one of the safest campuses in New England. Our presence is felt throughout the university community and we are always willing to assist anyone in need.

Pizza with PSafe

Beginning in February, Public Safety will be hosting a weekly Pizza with PSafe event in the Lower Commons. We want to give our students an opportunity to meet with our officers to discuss issues that are important to them on campus as well as current events.

Check PDQ Pulse for dates and times.



STUDENT LIFE SPRING 2016 CALENDAR OF EVENTS

February

- 5 Coca-Cola Hawk Spirit game for Wrestling, 7 p.m.
- 6 Resident Assistant Group Process, all day
- 7 Orientation Advisor Group Process, all day
- 10 Ash Wednesday Services
- 15 President's Day University closed
- 16 Coca-Cola Hawk Spirit game for Men's Basketball, 7:30 p.m.
 Championship recognition night for Women's Soccer and Women's Volleyball teams at halftime of women's and men's basketball games which start at 5:30 p.m.
- 18 Multi Cultural Student (MSU) Black History Month Symposium, 3 p.m. 8 p.m.

March

- 1 Commencement ticket pick up begins
- 4 Residence Halls close, 7 p.m.
- 4-13 Spring Break

Habitat for Humanity Spring Break Trip to North and South Carolina Inter-Varsity for Christian Fellowship Spring Break Trip to Tampa, Florida Foundations of International Medical Relief for Children Spring Break Trip to Dominican Republic Native American Service Learning Immersion Experience

- 13 Residence Halls Open at 12 p.m.
- 15-17 and 23-24 Yearbook Senior Class Portraits
- 23 Career Center Annual Career Fair
- 25 Good Friday University closed
- 28-1 Easter Celebration for RWU Christian Community
- 30 Intercultural Center Global Fest Event

April

- TBA Bon Appétit Steak and Lobster Dinner
- TBA Bon Appetit Low Carbon Day
- 2 Class of 2017 Junior Semi Formal, Newport Rhode Island
- 4-9 Class of 2016 Commencement Ball Tickets on sale
- 6 Coca-Cola Hawk Spirit game for Women's Lacrosse, 4 p.m. Dance Club Spring Show, 8 p.m.
- 7-8 Student Senate and Class Officer elections
- 7 Coca-Cola Hawk Spirit game for Men's Tennis, 4 p.m.
- 12, 13, 17 Film Series on Jewish Experience
- Coca-Cola Hawk Spirit game for Baseball, 3:30 p.m.

Week of 19th Campus Entertainment Network (CEN) Spring Week

20 Coca-Cola Hawk Spirit game for Men's Lacrosse, 4 p.m.

May

- 1 Service Break Reception, 1 pm
 - Student Life Achievement Reception, 2:30 p.m.
- 2 Athletic Banquet, 6 p.m.
- 3 Student Involvement Recognition Banquet, 6 p.m.
- 4 Inter Residence Hall Association (IRHA) Late Night Breakfast, 9 p.m.
- 12 Class of 2016 Commencement Ball at the RI Convention Center
- 12 Graduate Hooding Ceremony (graduates students only), 6 p.m.
- 12 Residence Halls Close (except Graduating Seniors), noon
 - Commencement Rehearsal/Senior BBQ, 12 p.m.
- 14 Commencement, 9:30 Processional 10 a.m. Ceremony

Bon Appétit Ticketed Commencement Lunch beginning at 12:30 p.m.

Dining Commons Residence Halls close for graduating seniors, 7 p.m.

STUDENT LIFE AT RWU

