

STUDENT LIFE AT RWU

A Newsletter for Parents and Students

Spring 2015

A Message from the Vice President of Student Life



Dear Parents and Students,

The spring semester has been extremely active and I apologize in advance that my welcoming message only has space to focus on the following highlights:

84 students completed one of three tiers (Emerge (43), Develop (23), LEAD (18) of our SOAR Leadership Development program this semester. In the Emerge track, students complete an eight week learning experience with a student leader and staff facilitator. Emerge helps students focus on self-exploration and define what congruent, committed leadership actually means. The subsequent levels, Develop and LEAD, are designed for upper class students and help to develop a distinct leadership style for use in working in groups and teams and in creating social change. In recent years, the LEAD track has been actively involved in Community Partnership projects in Providence and Central Falls mentoring high school students.

77 students participated in one of five Alternative Spring Break trips during March including 24 students for two Habitat for Humanity builds in West Virginia County with 4 staff members; 19 students attending the Foundation for International Medical Relief Trip in Peru with 2 faculty members; and 9 participating through InterVarsity Christian Fellowship's trip to New Orleans in a collaborative trip with several other New England based institutions.

The Campus Entertainment Network sponsored Spring Weekend with 1550 students attending the Spring Concert featuring opening act *Bowling for Soup* and featured act *Big Sean*; 1000 students attending Friday afternoon quadfest; over 1000 students attended a performance by comedian Marietta Sirleaf (Retta, from TV show "Parks and Recreation"); and over 2000 students attending a Saturday afternoon block party with rides, contests, music and food outdoors on North Campus. The previous weekend our campus radio station (WQRI) sponsored an outdoor concert drawing 600 students.

During the weekend of May 2-3 a student initiated overnight Relay for Life event raised over \$38,000 for cancer research through 200 participants in teams representing students, faculty and staff.

On April 17, 2015, as part of RWU's Title IX efforts we convened the first **Student Task Force on Preventing Sexual Assault at RWU**. The initial meeting took place during the *It's On Us* Sexual Assault Awareness Week. Dr. Kathleen McMahon, in her role as the Title IX Coordinator, invited students from diverse groups on campus, including the Women's Center, SAFE, MSU, Locker Room, Health and Wellness Educators, Sustained Dialogue, IRHA, University Disciplinary Committee, Student Senate, RA, Athletics SAAC/Hawk Ally, and School of Law, to gather to make sure that all students know about the University's efforts to prevent sexual misconduct and also how we address violations when they are reported. We also wanted to engage students in our prevention and programming efforts and to give feedback on our prevention and awareness publications.

Over 30 students attended and expressed being grateful to be included in the discussion and to learn more about the University's efforts. Many of the students were surprised at the reporting rate at RWU and happy to know that their peers were reporting violations of sexual assault and were served well by staff. Others were excited about the Green Dot Bystander Intervention program and were asking how they can get involved. We will re-convene this group in the beginning of the fall semester to engage with them on our programming and prevention plans for next year.

The Roger Williams University **Women's Rugby** team won the national championship for small college women's rugby at the national championship tournament for the second time in school history. In addition to the national championship trophy, statuettes were handed out to honor those judged best at their positions, with five Hawks were chosen: #8 Sadia Crosby, captain and flanker Alley Dykes, junior center Evynne Gartner, sophomore prop Claudia Giustino, and sophomore wing Morgan Quagliaroli. Crosby was also chosen MVP of the entire tournament. Captain and scrumhalf Abbey Scro won the Heart & Soul award for Roger Williams. For their efforts, the team received the Small College Achievement Award at the 69th Annual Words Unlimited Sports Awards Banquet.

The semester ended with a vibrant Performing Arts series involving Dance, Music and Theatre productions – our student majors and their peers passionate about the Arts are inspiring. On the playing fields, our new club MLax program reached their divisional finals and the men's Rugby club made the round of 8 in national competition. Our varsity WLax, M Tennis, M Baseball all finished as runners-up in conference championships while our Women's & Men's Track & Field Teams each won the Conference Invitational. If you are in the area this summer please consider visiting campus, walking our shell path, taking out a kayak on the bay, visit the Career Center – or just grab a free tan (after sunscreen is applied) on the deck of the new Bready Sailing & Education Center (opening in July) or the GHH lawn.

Enjoy your summer!

Sincerely,

John J. King, Ed.D

Vice President of Student Affairs

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SPRING SEMESTER RECAP OF EVENTS

The Department of Student Programs and Leadership has had much successful collaboration with our clubs, organizations and leadership programming during this Spring Semester. Students were encouraged to attend events, leadership training and attend regional and national conferences. This academic year saw over 185 major events for students to take advantage and participate.

CEN Paint and Wine Night Event



MSU's Holi Celebration



CEN Spring Weekend Carnival



WQRI Spring Festival Concert featuring Tyler Falcoa '17



ICC's Cake Off Event to benefit the Autism Project



ROGER AFTER DARK HAS ANOTHER GREAT SEASON

The Roger After Dark team is thrilled by the positive response from the RWU student body this past year. Averaging over 100 students in attendance at every event and offering up new and exciting activities to fill Friday evenings, RAD has become a key part of RWU's weekend culture.

RAD is a student-run group on campus that focuses on offering entertainment to serve as an alternative to alcohol gatherings. We coordinate with a different group on campus for every event, each with its own theme, activities, and snack, and all of

our events are planned around student feedback and suggestions. We want to know what your students want to do on their Friday nights, and we work to try to make those ideas a reality!

This year we celebrated Halloween with a haunted carnival, invited a band to jam out on Spring Weekend, and even broken out the mics for karaoke nights where everyone came out feeling like a rock star. We're always on the lookout for new ideas to draw students in and give them a memorable experience.

Luckily, this is just the beginning for the RAD team; we'll be back and ready to welcome a whole new batch of students in the fall while saying hello to the familiar faces of our regulars. We'll be working all summer to prepare for the fall semester. Stay tuned for next year, because we know it's going to be a bigger, better and dare I say RADder year!





Baseball finished with an overall record of 19-20 and 9-7 in the CCC on their way to picking up the fifth seed for the Conference Championship Tournament. In the tournament, the Hawks upset #2 seed Western New England and #1 seed Endicott on the road. The Hawks made it to the CCC Championship game against Curry but fell on a walk-off hit. Troy DeLeon was chosen to the All-CCC First Team, while Chris Travers and Tyler Campo were each picked to the All-CCC Second Team.

The Equestrian team competed in four shows during the spring, beginning the season with back-to-back second place finishes. The Hawks ended the year in third place in the region. The equestrian team ended the year sending seven riders to the regional competition, four of whom placing top ten in their respectful events. Senior captain Maddie Stein notched a ninth-place finish at Zones in Open Fences.

Women's Lacrosse went 12-5 overall and 7-1 in the CCC. The team earned a program first NCAA Regional Ranking and is currently ranked #10 in the poll. Kelsey Rahilly, Deven Machette and Caitlin Shanahan each were named to the All-CCC First Team. McKenna Everding, Mackenzie Logan and Elizabeth Cahn all made the All-CCC Second Team, while Kaelin Hogan and Kimberly Bolk were chosen to the All-CCC Third Team. Hogan was also selected CCC Rookie of the Year. The Hawks earned the #2 seed in the Conference Tournament and advanced to the CCC Championship Game for the second straight season. Machette set the RWU single-season record holder in goals with 73, while Rahilly received the RWU Female Sharon Castelli Award and ended her career at RWU as the all-time leader

in points scored with 306 and assists with 186. Logan became the RWU all-time leader in draw controls with 358.

The Men's Lacrosse team finished third in the Commonwealth Coast Conference with a league record of 6-2 on the year. The team went 13-5 overall, falling to Western New England in the CCC Semifinals. Caleb Kenney was named CCC Short-Stick Specialist of the Year and Mark Fesenmeyer was honored as CCC Senior Scholar-Athlete of the Year. Kenney and Fesenmeyer were each selected to the All-CCC First Team, while Will Siefert, Patrick Holland and Luke Aubrey each made the All-CCC Second Team. Tim Kelly, Max Cammarota, Jon Gomer, Cam Donnelly and Dan Arket all found spots on the All-CCC Third Team. Holland was also named New England Intercollegiate Lacrosse Association All-New England Honorable Mention. Aubrey ended his career as the RWU all-time leader in wins with 42, while Holland earned the RWU all-time record in caused turnovers with 75.

Softball finished 14-17 overall and 8-8 in the Commonwealth Coast Conference. The team advanced to the double elimination phase of the CCC Championship Tournament before bowing out in extra innings to Endicott. Taylor Messier earned a spot on the All-CCC First Team, while Meghan Maliga, Chelsea Boulrisse, Haley Ledbetter and Meredith Moise each made the All-CCC Third Team.

The Men's Tennis team finished the year with an overall record of 13-5, going undefeated in the league with a record of 8-0 and claiming the top seed in the conference championship tournament. The Hawks advanced to the CCC

Championship for the eighth straight season but unfortunately fell 5-3 to Nichols College. Eric Laboissonniere represents RWU on the All-CCC First Team – Singles, while Zack Bussiere and Ryan Swanson each made All-CCC Second Team – Singles. Bussiere, along with Kyle Bull made the All-CCC Second Team – Doubles, as well as Swanson and Laboissonniere. Jonah Schwartz made the All-CCC Third Team – Singles. In addition, Head Coach Barry Gorman was recognized as CCC Coach of the Year. Also, Laboissonniere was honored with the Scott F. Viera Director of Athletics Award.

The Women's Track & Field team won the Commonwealth Coast Conference Championship meet to claim their 5th program title. The team finished 30-points above the second place finisher. The Men's team also finished first in the Commonwealth Coast Conference Championship at RWU for their seventh consecutive Team Title - The team finished 60-points above the second place finisher. At the New England Championship, Justin Burnett, Thomas Franco, Steve McManus and Ryan Rotondo earned All-New England honors in the 4x100 Meter Relay. Also, Ben Lane received the RWU Male Sharon Castelli Award.

After the spring 2015 season, the women's athletics program at Roger Williams University has earned the 2014-15 Commonwealth Coast Conference (CCC) Women's All-Sports Trophy, while the men's athletics program finished in second place overall. The all-sports trophies are awarded annually to the schools which perform the best across the board in league competition. Points are awarded based on CCC championships and CCC runner-up finishes at the conference tournament followed by the regular season finish of the remaining teams. In each sport, the CCC champion will receive 10 points and the CCC runner-up will receive nine points. The regular season finish will be used to determine points for the remaining teams in each sport from eight points down including all ties. After the total points are calculated, points will then be divided by the number of CCC sports that the school sponsors to arrive at an average score.

Student Programs and Leadership Recognition Banquet 2015

The Department of Student Programs and Leadership and the Student Senate host the Annual Student Involvement Recognition Banquet. The banquet, which was chaired by Michelle Ryder '16 and Brittany Fuglione '18 featured 60 awards for students involved in clubs, organizations and leadership positions on campus.

Below are some of our top student leader awards:

Organization Member of the Year:

Mark Lubin '15 (ICC Class Officer)

Club Member of the Year:

Kerlie Merizier '17 (African Student Coalition)

Best Education Program:

IVCF Art for Africa

Club Program of the Year:

AIAS Garden of Hope

Club Sport of the Year:

Women's Rugby

Best Cultural Awareness Program:

Peer Pals Prom

Best Co-Sponsored Event:

CEN and Add Nothing Slender Man Games

Hawk's Pride Spirit Award:

Kevin Cameron '16

Rising Star Awards:

Parker Lyman '18

Club of the Year:

Ballroom Dance

Excellence in Leadership

Lauren Astone '15, Chris Wade '15, Lindsey Proulx '15 and Sam McKeown '15

Karen Haskell Student Leader of the Year Award

Tim Lebel '15 and Chelsea Federle '15

Student Leaders attend LEAD365 Conference

By Kasey Geremia, Assistant Director Student Programs

This past March, three members of the Roger Williams' community attended the first ever LEAD365 Conference in Orlando, Florida. The conference provided participants with a fast paced, high intensity learning environment, facilitated by some of the top leadership experts in the nation. The faculty presented over 42 sessions in just three days, allowing all attendees the opportunity to engage, network, and enhance their skills and capabilities as student leaders. The students have had some time now to reflect on their experience, and shared their insight with the office of Student Programs & Leadership. Here are some excerpts of their thoughts:



"The speakers had the audience totally enraptured, they knew what they were talking about, and had the experiences to prove it. I was not expecting such captivating speeches and dynamic presentations. I learned a tremendous amount from the different speakers. One

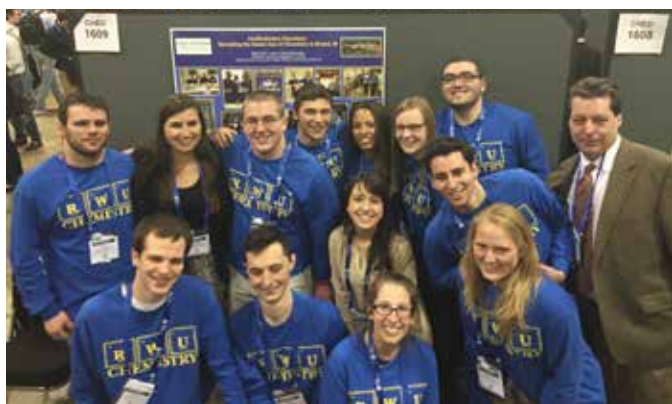
of the most powerful speakers I heard was Tom Krieglstein. It was amazing that he turned a simple observation and setback into a million dollar business while in college. I think it is the kind of story that speaks to identifying a problem and coming up with a method to solve it. Some of the important lessons that I will be bringing back will be the communication lessons. Communication is only 7% verbal. The other 93% consists of gestures, expressions and tone of voice. Overall, I would definitely recommend this conference to student leaders from Roger Williams. It was important to meet new people and make connections that will continue on after the conference."

– **Meaghan O'Rourke**, ICC 2018 Class Treasurer

"I thought this was awesome because we had a chance to talk to the speakers one-on-one before we went to their sessions. I think it was more useful than the semester-long public speaking class that I took last semester. The session on diversity with Maura Cullen was definitely the best one I went to. Diversity is a huge issue on Roger William's campus and I knew that this would be an important session to go to. She made it very clear that diversity is not just about race. It's about size, social class, gender, nationality, age, ability and sexual orientation as well. I think that here at RWU most of the things said about diversity are strictly about race. At this session, it made me think about how we need to acknowledge that it is so much more." – **Nicole Haggerty**, Student Senator

American Chemical Society travels to National Conference

By Ian Kittle '15



Thirteen RWU students and one of their faculty advisors, Dr. Stephen O'Shea, are shown here attending the successful student chapters section of the national ACS meeting.

This past March student members of the American Chemical Society (ACS) traveled to the national meeting of the ACS in Denver, Colorado to present research performed under the supervision of faculty mentors. The conference is an opportunity

for students to share their findings with the largest scientific community in the United States, as well as a chance to learn about current chemical research through attending a wide-scope of presentations. The conference also provides excellent networking opportunities for students and the ability to explore an array of careers and career-building seminars.

The ACS conference is tremendously useful for students, in turn, because it provides such a large perspective of opportunities for exploration, as well as time to present research that students have invested a significant amount of time in.

OFFICE OF SPIRITUAL LIFE



Fourth Annual Passover Seder, l-r:
Professor Irene Glasser and
Hillel President Jake Sussman.

This spring RWU's Office of Spiritual Life celebrated religious holidays and offered faith-based programming, all to further its goal to educate and nourish the spirits of students of all faiths and ethical practices. The Office's chaplains and student groups continued to convene for regular worship services, prayer and meditation, and the study of sacred texts. A highpoint of the semester was the Fourth Annual Passover Seder. Hillel students, faculty, administrators and staff gathered in the Upper Commons to share an authentic meal prepared by Bon Appetit and to do a traditional reading of the Haggadah.

Multifaith programming is essential to the Office's mission and for a sixth semester, we collaborated with the Roving Eye Film Festival to offer the Film/Speaker Series on the Jewish Experience, featuring international films on Jewish life in Israel and the United States. During the year, the

University Multifaith Chaplain, the Rev. Nancy Hamlin Soukup, gave presentations in several RWU classes including "Beyond Belief," which considers the dialogue between religion and science. In April, she was part of a roundtable at the "Religion and State" Conference held at RWU, during which she presented her research on the role of religious aid groups during humanitarian crises.

Two service-learning trips this spring brought students to areas of the U.S. in need of assistance with building rehab projects for local community members. As part of a multiyear effort, InterVarsity Christian Fellowship took students to New Orleans for ongoing construction following Hurricane Katrina. The semester also marked the inauguration of the Navajo Nation Service-Learning Trip during which nine students along with Rev. Soukup and Professor Charlotte Carrington-Farmer traveled to Tuba City, AZ, in Navajo Nation. Organized by RWU's Office of Spiritual Life and History Department, in collaboration with Amizade, the global service-learning organization, the project had both co-curricular and curricular components. All students going on the trip received one academic credit, and nearly half were enrolled in Professor Carrington-Farmer's course "Facing East from Indian Country: A Native History of Early America."

In Tuba City, AZ, the students spent several days putting a roof on a new building for the collection of clothing and goods and helping to rehab a house for a tribal member. Each evening, tribal members spoke to the students on topics including the Navajo language and arts, initiation rites for young people and tribal activism. In addition, students visited sacred sites such as Coal Mine Canyon, and they participated in the ancient ritual of a sweat lodge.



Navajo Nation Service-Learning Trip,
housing rehab project, Tuba City, AZ.

Currently, the Office is planning a second trip to the southwest in March 2016, and fundraising is underway. For more information, visit the group's online site at <http://onlinecommunity.rwu.edu/navajonation>.

[rwu.edu/navajonation](http://onlinecommunity.rwu.edu/navajonation).

Making RWU a safer campus....one green dot at a time

What would you do if someone you cared about was in harm's way? Would you step in? Would you know where to go to get help? On Wednesday, April 8, twenty four students took part in the first "full day" (6 hour) Green Dot Bystander Intervention Summit to explore these very issues. The Green Dot concept is "built on the premise that in order to measurably reduce the perpetration of power-based personal

violence, a cultural shift is necessary" (Green Dot, etc., 2015). This model of bystander intervention empowers students to use simple and straight forward tools to become engaged bystanders within their community.

RWU is looking forward to expanding Green Dot efforts in the fall to include additional full day workshops, training

sessions for RWU Experience classes and student leaders, Green Dot athletic games and social events, in addition to sponsoring speakers and other campus wide programs. The goal is to make RWU the safest campus in the country...one green dot at a time.

SERVICE BREAK TRIP RE-CAP

Service Trips offer a unique experience for our students; they are able to volunteer in a new community, learn about social problems faced in these communities and are able to reflect on their service experience with their peers. This outside of the classroom experience is truly remarkable and allows students to make connections that will last a lifetime. The Division of Student Life is home to four different student groups who participated in Service Break trips this Spring Semester.



Our Inter Varsity Christian Fellowship Club traveled to New Orleans as part of the Serv Up New Orleans program. This group of 15 students worked to continue the recovery of the 9th Ward District that was destroyed by Hurricane Katrina.



Our newest Service Break trip was our visit to Navajo Nation. This trip featured ten students who traveled to Tuba City, Arizona to learn about cultural experiences from the Navajo Nation. Students learned about Navajo Nation from Dr. Farmington-Farmer's class during the Spring Semester. The trip ended with a cultural expedition to the Navajo Nation Museum and Coal Mine Canyon, a sacred site for the Navajo people.



Our Foundations of International Medical Relief of Children (FIMRC) student club traveled to Nicaragua during Spring Break. The mission of FIMRC is to provide access to medical care for the underprivileged and medically underserved families around the world. Our students were able to provide access, education and participation in health care to families through Project Limon Clinic.



Our Habitat for Humanity student club conducted three trips during the Spring Semester: a winter trip to Tutwiler Mississippi and two trips to West Virginia during Spring Break. These trips allowed 40 students to participate in a variety of projects at Habitat sites from hanging kitchen cabinets to building fences to working to begin a Habitat volunteer center. These experiences also allowed students to see a different part of our country as they were able to explore during their stay.

WOMEN'S CENTER

Walk a Mile in Her Shoes

The Fifth Annual RWU Walk a Mile in Her Shoes took place on April 22 outside of the Library on the campus of RWU. Walk a Mile in Her Shoes is the International Men's March to Stop Rape, Sexual Assault and

Gender Violence. The event was sponsored by The Locker Room and The Women's Center. Thirty five RWU students, faculty and staff members participated in the walk (In Heels!) around campus along with

countless supporters. The event raised close to \$800 dollars and all proceeds benefited the Rhode Island Crisis Assistance Center.



INTERCULTURAL CENTER HAPPENINGS

To sum up the 2015 spring Semester at the Intercultural Center: Engaged! The students, programs and activities that defined this semester demonstrated the increasingly high level of engagement with issues of diversity, inclusion and social justice. Our students are motivated to not only heighten awareness of multiculturalism, but over and over they demonstrated their passion for creating an inclusive environment campus-wide. This is illustrated through the breadth of programming created/implemented, the expanded collaborations and the overall enthusiasm to outreach at all levels (students, faculty, administration and staff) of the university community. From PRIDE Week, "An Hour With," GlobalFest, the Navajo Nation trip and a host of cultural and religious celebrations. To top off the semester the Melisa Carrasquillo Award was given to two outstanding seniors, Jerinima "Niimo" Janjo-Nix and Cassidy Hammond. Both were champions of diversity and inclusion throughout their time at RWU.

MULTICULTURAL:

This semester, students showed that they are engaged not only in the RWU community but in issues facing our country

and the world and they exercised their activist voices in many ways. Through programs and collaborations with the IC, departments within Student Life, student groups and academic departments, we focused on issues of race and racism, gender and sexuality, socioeconomic class, immigration, and the intersections between all of these. With activist and poet, Staceyann Chin, students attended workshops on trans-inclusive feminism, and participated in workshops and classroom visits discussing the role of social justice and activism in our lives, our passions and our art. Students discussed the realities of being a woman or woman-identified student in the world, as they intersect with diversity, religion and culture, in our new women's empowerment group, Fierce and Fun! Students organized and planned RWU's first Die-in in solidarity with the #BlackLivesMatter movement and helped to engage their classmates in dialogue about institutionalized racism and justice. We are so proud of our students and are excited to continue the theme of social identity, social justice and activism next year. Students interested in being part of this movement on campus can participate in Unity Day this coming fall on September 26.

LGBTQ:

LGBTQ Affairs enjoyed a successful spring semester, in which students engaged in many programs and events centered on activism and community building. RWU rolled out its own SafeZone Training program to educate members of the community on LGBTQ identities, issues, terminology, and micro aggressions, and trained over 55 new Hawk Allies in seven trainings in the pilot semester both at the Bristol and Providence campuses. S.A.F.E. kicked off their spring semester by sending eight members to the True Colors conference at UConn, where they spent two days attending workshops, speakers, performances, and brought valuable knowledge and resources back to campus to share with the club. They celebrated RWU's annual Pride Week in April with fun events like a co-sponsored dance with Roger After Dark, tie-dye, BBQueer, a State of the LGBTQ Movement panel discussion, an inclusive sex positivity workshop with a local sexologist, QueerFest, and Day of Silence. We will kick off the fall semester with an LGBTQ Open House at the Intercultural Center!



INTERNATIONAL STUDENT AFFAIRS– SPRING 2015

The RWU community enjoyed food, music and entertainment from around the world with the Intercultural Center's Global Fest 2015 on April 1. Over 1,000 students, faculty and staff had the opportunity to visit countries around the world with 35 different country tables. Attendees sampled foods from around the world provided by Bon Appetit as well

as specialties that international students prepared. Some participants tasted Nutella crepes from France, Mate tea from Argentina and Marmite from Australia, while others tried out the calligraphy at the China booth or got a henna tattoo in Morocco. The entertainment included West African/Latin American dance and drumming from the Central Falls High

School Dance Team and Brazilian music by the Goza Latin Jazz Band. Students from RWU and ELS performed dances from the Dominican Republic, Haiti, Colombia and Saudi Arabia. Everyone loved the International Fashion Show, where students and staff modelled clothing from around the world.



This semester we were lucky enough to learn about three very different countries within our country presentations titled "An Hour With..." This year the RWU community enjoyed An Hour With Bolivia, An Hour With Cambodia and An Hour With the Dominican Republic. Each country was presented by students from RWU and attendees learned about the culture and traditions of each country as well as sampling the delicious food!



International students also enjoyed a field trip to Gillette Stadium for a soccer game to see the New England Revolution play. Two of our students even caught a t-shirt in the t-shirt toss!



Led by Jim Azar, Director of the Counseling Center, students from all around campus came together to enjoy delicious cuisine with Middle Eastern Cooking. Students learned how to prepare cuisines from many different regions and enjoyed a delicious meal together in February (and celebrated Dr. Jim's birthday!).



Students celebrated the Lunar New Year in February at the Intercultural Center. Students learned how to make dumplings and enjoyed a fun evening cooking, cutting out lanterns and making new friends.



The Intercultural Center ended the semester with a luau celebration that included a shaved ice machine, sundae bar and pizza! We hope to see you next year!

What to Expect During Summer Vacation!

By Jim Azar, Ph.D., *Director, Center for Counseling and Student Development*

Although there is no one typical way that students respond to going home for the summer, there is one certainty and that is to expect some changes particularly if your son or daughter is returning after their freshman year.

You may notice a difference in their relationship with friends, with you or with their siblings or in how they view themselves or in what they consider to be important. They may now be in a period of reevaluating their values and priorities and questioning what they (and you) have held as true. For example, long-standing rules of the house may be challenged (“I didn’t have a curfew when I was at school”), and you may notice (and be upset by) any differences in their schedules (“What do you mean can I be quiet? It’s noon.”).

Your son or daughter may also feel a vague feeling of rootlessness or sadness early in the summer. They may not feel comfortable anywhere and wonder “where do I belong?” without necessarily being aware that they are asking the question. Feeling lonely or disconnected will be felt more intensely if they have not maintained relationships with their old high school friends or if they are dating someone from RWU who lives several hours away.

Despite the adjustments for both you and your son or daughter, you may be struck by the changes in their maturity. They may have already made decisions about where and with whom they will be living next year, their course schedule, their future plans, etc. To assess how much they have matured, take a moment and notice how you are feeling this summer as compared to the summer following their high school graduation. As they become more responsible, you may feel less worried or unsettled.

The challenge as a parent (as you already know) is how to deal with those changing moods and behaviors during this transition period. As a first step it is always helpful to anticipate the changes before the heat of the moment in order to better deal with them. Over the next month begin to speculate about the adjustments that your son or daughter will need to make when they return home. What has changed over the past year with them and within the family? What issues do you foresee? What emerged during January Break?

It is also helpful to step back a moment and understand what is going on for them developmentally. An important part of forming an identity is to separate

from one’s parents and to evaluate what is important in one’s life. This process can occur at different times: high school, college, 30’s, mid-life crisis-and in differing degrees, but the process is inevitable if one is going to eventually feel self-confident and independent. Your son or daughter may be in this questioning and possibly defiant stage. However, it may be easier to flow with it if you can think back to the time in your own life when you were struggling with such issues as “Who am I?” and “What am I doing with my life?”

It is also inevitable that there will be some conflict this summer because whenever there is change and growth, there is always some accompanying tension. To help lessen it, you may want to anticipate what issues and rules you are willing to negotiate before your overloaded family car (van, truck, or 18 wheeler) arrives for the summer. However, there may be some values and expectations that are near and dear to your heart and that are not negotiable. Be clear about them as well as your areas of flexibility.

Needless to say, we wish that you all have a healthy and enjoyable summer!

Health Services and Student Health Insurance Update

Health care and health insurance is often a concern of parents as their sons and daughters depart for college. We at Roger Williams University are actively involved in the health and well-being of our students. Use of the Student Health Service is covered by the undergraduate student fees. All full-time undergraduate day students have access to Student Health Services. There is no charge for visits to the Student Health Services for illness or injury. Charges will be incurred for routine well physical exams, immunizations, lab work, prescription medication and referrals to outside providers. These charges can be submitted to your private health insurance. Charges not covered by your private health insurance will be billed directly to the student by the provider of the service.

Health Service is open 8:30 am to 5:00 pm, Monday through Friday. After hours, emergency care is provided through Newport Hospital, Rhode Island Hospital or Bristol County Medical Center. Emergency transportation to and from these facilities is provided if needed. Students should contact their CORE/RA or Public Safety at 401-254-3333 for any after-hours medical concern.

I encourage you to check out our web site for specific details. <http://www.rwu.edu/studentlife/studentservices/healthservices/>

Looking forward to the Fall semester this is a reminder to all returning students.

1. If a student expects to play a sport during the 2015-16 academic year, an updated physical will be required. This is best done over the summer break. Please contact Athletics for details.
2. Non-athletes are only required to have the initial admissions physical.
3. Remember that Health Service is a great resource for health and wellness education.
4. Students should carry a current private insurance card and have a copy on file at Health Service as well.

An Important Message for Parents Regarding Student Health Insurance at Roger Williams University

As you prepare for the 2015-16 academic year, we urge you to consider your health insurance coverage a top priority. It is important that students have access to comprehensive medical care while enrolled at Roger Williams University and we are pleased to make available an Accident & Sickness Insurance Plan for our students. The following provides additional information regarding the Plan:

In accordance with the Affordable HealthCare Act, ALL students will be required to show proof of Health Insurance.

All undergraduate students will be automatically enrolled in the University's Student Accident & Sickness Insurance Plan for coverage effective August 14, 2015 - August 13, 2016. Those students who provide proof of adequate coverage under an existing plan may waive the University's Student Insurance Plan through the below process. Those students who do not waive the insurance and those not covered under an existing plan will see a separate charge of approx. \$1,961 on their bill. An explanation of the Student Accident and Sickness Insurance can be found online at: <https://consolidatedhealthplan.com/group/112/home>

Waiver Process: If you are currently insured under another insurance policy and do not wish to have coverage under the Roger Williams University sponsored plan, you may waive out of the insurance. To waive out, students will be required to decline the University's Student Insurance Plan and provide information on their insurance plan by completing the online form here: <https://consolidatedhealthplan.com/group/112/waiver/1>

By completing a waiver, you are certifying that you have comparable coverage and agree that you will be responsible for your medical expenses, and that Roger Williams University will not be responsible for those expenses. Upon your waiver being accepted, the insurance fee will be removed from the student's account. FAILURE TO COMPLETE the on-line Waiver Form by the deadline, August 14, 2015, will result in your mandatory purchase of the University's Student Insurance Plan for the 2015-16 academic year, without the possibility of later waiver, refund or cancellation.

Health Services and Student Health Insurance Update cont.

Before Waiving

If you are considering waiving the University's Student Insurance Plan, please note that some insurance plans are restrictive and may leave students essentially uninsured while away at school. This could result in you incurring substantial out-of-pocket costs for medical care. In evaluating your plan and to assist you in making an informed decision, you must verify the following

- My plan provides adequate coverage that is accessible in the Rhode Island area for:
- Lab tests and x-rays
- Prescription drugs
- Hospitalization (including room & board, physicians' fees and surgical expenses)
- Outpatient hospital services
- Mental health care
- Emergency room care
- My plan will cover me from August 14, 2015 through August 13, 2016
- My plan does not have a high deductible that needs to be met before I am allowed to access coverage
- If I intend on studying abroad this upcoming year (including for a short-term study abroad trip) my plan provides coverage anywhere in the world

Please understand that the University reserves the right to decline a waiver request (and revoke an approved waiver) if it determines that the alternate insurance does not provide adequate insurance coverage.

A visit recap from Bon Appetit Fellow – Sea Sloat



On April 13 and 14 Bon Appetit Dining had the pleasure of having Bon Appetit Fellow – **Sea Sloat** – visit our beautiful campus and experience a few of the special programs we have here at RWU.



Our first visit was to our Farm to Fork partner Matt Couzens at Horse Listener's Orchard in Ashford, CT. Matt was the recipient of a \$5,000 grant from Bon Appetit after our Eat Local Challenge this past September. He sells apples, peaches and tomatoes to Wesleyan, RWU, Lesley and the University of St. Joseph (Matt does all the deliveries himself). He put the \$5,000 grant towards a new hoop house and a new storage room. The hoop house will extend his growing season for greens, while having more storage space means no longer having to take his apples to an outside storage facility (thereby cutting down on fuel, labor and storage fees). It's clear that his partnership with us has significantly impacted the growth of his business. Matt is a huge fan of Bon Appetit and said this about our relationship: "As soon as I heard about your mission and found out it was for real, I wanted to team up... I really believe in what Bon Appetit

publishes, and I have the same goals." He also spoke about what he calls the 'three legged stool'—a balance between student interest, Bon Appetit support, and local farmers' work that is necessary in order for local agriculture to flourish.

Sea also hosted a "Story Behind the Food" presentation and discussion. One student who has to transfer to a state school in NH asked if there was any way she could get Bon Appetit there. Some questions included: *How does the commitment to source 25% of eggs, meat, and poultry from third party certified sources affect small local farmers who might not be able to afford those certifications, but who use humane practices? Does Bon Appetit have internships for recently graduated students?* The next day, Sea interviewed with the school paper about the presentation and its goals: local purchasing, food waste and humane treatment of animals.

Tuesday morning, Sea got to visit and environmental/political science senior seminar. She spoke with 22 students in a course called *Are we for it or against it? People and the planet in the 21st Century* taught by June Speakman. Sea spoke about our farm to fork program, humane treatment of animals, and sustainable seafood. Students had some interesting questions which led into deep discussion, including: *How can your company afford to be so sustainable? Are you losing money on these*

higher quality products? What is your GMO policy? I read about slave labor in Indonesia in the shrimp industry, where do you buy your shrimp? These questions opened up a great conversation about corporate responsibility, issues with long supply chains, and farm labor in the US. Even when Sea pressed the classroom full of students to share their concerns or suggestions for us, I was met with blank stares and then one student said in an obvious tone, "The food is one of the biggest reasons I came to Roger Williams." Professor Speakman was grateful to demonstrate a socially responsible company to the students and show them there is hope!



Tuesday afternoon led to a tour of our RWU shellfish hatchery where Professor Dale Leavitt gave us tour of [the only shell fish hatchery in RI](#). It was fascinating! They are a research facility that also sells ornamental fish to sustain the program.



A visit recap from Bon Appetit Fellow – Sea Sloat, cont.

One interesting project they are working on is trying to find a non-fishmeal based protein to use as shrimp feed. They also have an oyster restoration project—breeding oysters to plant in restoration sites along the bay. Dale walked us through the life cycle of an oyster from growing the algae they eat, to breeding, larva, attaching to a shell, growing a shell, and ultimately being relocated to the bay. Dale says they are working on getting a commercial permit to be able to sell their oysters for consumption.



Sea had the pleasure of sitting down with student leaders Kelsey, Trevor and Evan to check in about how their Food Recovery Network (FRN) chapter is running. Students always face challenges when running programs like FRN, and Sea expected this group would be no different. But, everything they said so refreshing! Unlike at most schools, where the group advisor is a professor, their advisor is our very own Dining Hall Manager, Josh Hennessy. It's not only helpful that they have that direct line of communication, but also the students only had great things to say about how helpful Josh is, and how much they appreciate the team. Kelsey spoke about how being a student leader has changed her as a person and that as a vegetarian, "Bon Appetit taught me what I can eat." They are starting a living-learning community around FRN, and working on getting more volunteers next year which they predict will be a piece of cake because of how the word about FRN is spreading.



Kitchen tour with Eco-reps

And lastly – but possibly most memorable – was a kitchen tour that Sea says “is one to go down in Bon Appetit history.” While on an already exciting kitchen tour lead by Operations Manager, Don Fitting, with the RWU student environmental group Eco-reps, one of our Farm to Fork partners (Pat Beck from [New England Grass Fed](#)) stopped by to see if our chefs wanted to buy some particularly beautiful cuts of pork. Sea said she felt blessed to have been there to see his passion for what he does and how much he values the gift of an animal's life. Chef Jon Cambra also had some beautiful things to say about misconceptions in this country about what the price of food should be, and how invested the people at Bon Appetit are in supporting local businesses. Sea was stunned by the perfect coincidence in timing of these events, and so grateful students were there to share it.

The RWU Bon Appetit team received a thank you e-mail from the staff member who advises the eco-reps and who also attended the kitchen tour. He wrote, “It was terrific seeing all that you do to make RWU Dining Services as environmentally-friendly as possible. Even more impressive was the passion you all have about these efforts.” Sea wholeheartedly agreed with those sentiments about the team, and mentioned “that is why I work for Bon Appetit.”



MESSAGE FROM THE DEPARTMENT OF PUBLIC SAFETY



Public Safety is actively participating in the “It’s on Us Campaign” and the “Green Dot” Initiative. These programs encourage bystander intervention and send the message that we are all responsible for maintaining a safe campus environment.

‘Green Dot is a single choice in one moment in time that you use your voice, action or choice to make one small corner of the world safer’.



Green Dot is built on the premise that in order to measurably reduce the perpetration of power-based personal violence, a cultural shift is necessary. In

order to create a cultural shift, a critical mass of people will need to engage in a new behavior or set of behaviors that will make violence less sustainable within any given community.

First year students are provided a security orientation program as well as material advising them of precautions they should follow to help avoid becoming victims of crime on or off campus.

Crime prevention information and personal safety classes and programs are presented to student and staff groups throughout the year. Example: Emergency Evacuation procedures, personal safety tips, and theft prevention practices.



Download the Rave Guardian App:

Rave Guardian has been purchased by the University and is offered at no charge to parents, students, faculty and staff. This smart phone app acts like a “blue light” in the palm of your hand. The app allows you to call for help simply by pushing the icon on the screen of your phone. The GPS

feature tells responding personnel where you are and calls Public Safety for you. You can also use it to anonymously report suspicious activity, set a safety timer if you’re walking alone, or call local Police if you’re off campus and need help. Please encourage your student to download this valuable app!

<http://rwu.edu/about/university-offices/public-safety/crime-prevention/rave-guardian>

We are pleased to announce our “Confidential Reporting Form” which allows the reporter to leave information regarding suspicious or criminal activity while respecting his/her privacy. Upon submitting this form, an email is sent to the Director of Public Safety or his/her designee; which is checked daily. The origin of the submission is **confidential**.

This form should be utilized to report information regarding possible criminal or suspicious activity, which includes illegal drugs or illegal use of prescription medications, weapons, theft, underage drinking, assault, sexual assault, bias incidents/hate crimes, burglary, etc.

<https://rwu.edu/about/university-offices/public-safety/crime-prevention/confidential-reporting-form>



Director
Steven M. Melaragno



Associate Director
Pam Moffatt-Limoges

Public Safety – (401) 254-3333

RECOGNIZING OUTSTANDING STUDENT ACHIEVEMENT:



The end of the academic year and Commencement always afford an opportunity to recognize some of the outstanding students we have at RWU and this year was no exception. On Sunday, May 3, 2015 the Division of Student Life recognized students for their contributions to the campus community. Honorees, their families and friends, as well as University staff gathered to honor outstanding leadership, community engagement and academic success. President Farish, Provost Workman and directors from across student life and academic affairs participated. A complete listing of award recipients can be found below.

At this year's Commencement Ceremony, fourteen graduates who best exemplify the core values of the institution were awarded the President's Core Values Medallions. Each of the schools, together with President Farish, selected this year's class of Presidential Award Honorees. Honorees are presented with a unique keepsake medallion – depicting the core values – in recognition of their extraordinary accomplishments and contributions to the Roger Williams University community.

President Farish and the entire Roger Williams University community congratulate this year's award recipients on this prestigious award. Elizabeth R. Remy - School of Architecture, Art and Historic Preservation, Tanya Michelle Howard - School of Continuing Studies, Emily Elizabeth Condry – School of Education, Antonia K. Papadopoulos - School of Engineering, Computing and Construction Management, Ryan Kevin Monahan - Feinstein College of Arts and Sciences, Humanities and Performing Arts Division, Hy K. Dinh - Feinstein College of Arts and Sciences, Math and

Natural Sciences Division, Mikayla Lynn Diamon - Feinstein College of Arts and Sciences, Social Sciences Division, MacKenzie E. Logan - Mario J. Gabelli School of Business and Ashley Erica Barton - School of Justice Studies, Alexandra Ann Brown, Sarah Jessica Duchaney, Timothy D. LeBel, Jeronima Panjoj-Nix, and Jason Nichola Rosa were At Large Recipients. Congratulations to each of these outstanding students!

Another group of deserving students recognized at Commencement, were those students chosen by their respective schools as "School Marshals". These students are: Andrew Domenico Senerchia '15 School of Engineering, Computing and Construction Management, Alessandra Lorell Musantry '15 School of Education, Ashley Erica Barton '15 School of Justice Studies, Peter Joseph Romaines '15 School of Architecture, Art and Historic Preservation, Paul Daniel Hochwarter '15 School of Continuing Studies, Alex W. Camosci '15 Mario J. Gabelli School of Business and Kimberly Vella Harvey '15 Feinstein College of Arts and Sciences.

RWU COMMENCEMENT 2015



STUDENT LIFE **AT** RWU

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