

STUDENT LIFE AT RWU

A Newsletter for Parents and Students

Spring 2016

A Message from the Vice President of Student Life



Dear Families,

During the last week of April, beginning on Thursday evening, the Campus Entertainment Network sponsored Spring Weekend

with nearly 1,600 students attending the Spring Concert (MKTO, Chitty Bang and Sammy Adams) in the Recreation Center. About 800 students passed through Quad Fest on Friday afternoon and over 2,000 students enjoyed our Block Party Carnival on Saturday afternoon. Our traditional Spring Weekend events ended with a fireworks display over the Mt. Hope Bay. The Division of Student Life, working with a student committee, continued the U Fest, an outdoor event for juniors and seniors in Bayside. This event attracted almost 1,000 students.

On April 30th, our Colleges Against Cancer student club hosted Relay for Life, raising approximately \$41,000 for cancer research through 250 participants in teams representing students, family members, faculty and staff. During the academic year, 125 students completed one of three tiers (Emerge, Develop, and Lead) of our SOAR Leadership Development program under the mentorship of our dedicated Student Programs & Leadership staff.

Over 110 students participated in Winter or Spring Break Service Trips this semester. This year marks the University's first "Stay Break" trip; 17 students remained on campus during the break and

learned about food needs throughout RI communities. This year our Habitat for Humanity groups traveled to Charlotte and Monroe, NC, Sumter, SC, Birmingham, AL and Tutwiler, MI. Our Foundation for International Medical Relief for Children (FIMRC) groups traveled to the Dominican Republic and Nicaragua. Our Intervarsity Christian Fellowship club traveled to Tampa Florida to participate in Habitat for Humanity and other service work.

The Dance Club Show was a huge success on April 6th with a large audience of family members and the campus community. With performances from jazz to lyrical to hip-hop, there was something for everyone!

RWU club sports had a terrific year with over 240 athletes participating in Cheerleading, Men's Rugby, Women's Rugby, Men's Ice Hockey, Men's Volleyball, Crew and Ultimate Frisbee.

The young and inexperienced Crew team surpassed expectations this fall at the Bryant University regatta when the Men's Novice 8 placed first in their event. On April 30th at the New England Championships in Worcester, MA, the Women's Varsity 4, Men's Varsity 4, and Men's Second Varsity 4 teams all achieved their best times of the season.

Men's Ice Hockey, captained by Lucas Zuspan and Kevin Murphy, finished a very strong season with a record of 12-11-1-1. This record earned a second place conference finish and a playoff spot for the first time in four years. They went on to win the quarter finals at home against Bridgewater State University,

but ultimately lost to Southern New Hampshire University in the semis. The Men's Ice Hockey team also participated in the first annual Quahog Cup Tournament with in-state club teams from Bryant, RIC and PC. The Men's Ice Hockey squad was named Club Sport Team of the Year.

The Ultimate Frisbee team had a good year, competing in four tournaments and finished 5th in the sectionals.

Men's Rugby, captained by Luke Bradley, had an undefeated (8-0) regular season and a Rugby Northeast Record of 9-1. The team made conference playoffs and beat Bryant University in the quarter finals, but lost in the semis to UMass Lowell. Details of the team's championship "Beast of the East" Tournament experience are included on following pages. At the end of the year reception, John Rice won the Male Club Sport Athlete of the Year award.

Women's Rugby, captained by Evynne Gartner, earned a Rugby Northeast Record of 6-2 and a regular season record of 5-2. The team won their end of season bowl game. Sadie Clark was named Female Club Sport Athlete of the Year.

Captains Janeen Silva, Dylan Lawton, and Brianna Magee led the Cheerleading squad at all Hawks Men's and Women's Basketball games this year. They also won first place at the Advance Spirit: Massachusetts All-Star State competition, and they finished in second place at the Advance Spirit: East Coast Classic. The team sponsored a first-ever high school

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A Message from the Vice President of Student Life *(continued)*

clinic as well as a Friends and Family Day to demonstrate their skills and competition routines.

The Men's Volleyball team struggled slightly this year, eventually setting up a good season and hoping to capitalize on their turn-around next year with a new coach.

This is a bittersweet time of the academic year for any University as we say goodbye to our seniors and welcome them to our alumni family and network. In this newsletter you will find the listing of this year's Core Values Medallion recipients as well as some Commencement photos (additional coverage can be seen at www.rwu.edu.) The leadership and accomplishments of this year's senior class – and the class spirit built by the class officers – has been remarkable.

In closing, I want to congratulate several of our prestigious outstanding student award winners determined this Spring.

Haley Caignan & Shawn Cariglio earned the James Russo Award for Student Athlete Academic Excellence. Mariah Kaiser and David Welch were named RWU Female and Male Athletes of the Year for their stellar four-year careers. Mariah Kaiser finished the season leading the Commonwealth Coast Conference in goals scored, points scored, and was tied for first in assists. She was named CCC Offensive Player of the Year for the second straight season, in addition to being named to the ECAC Offensive Player of the Year and to the NSCAA All-New England Region First Team. In addition she was named to the NSCAA All-America Team each of the past two seasons. She ended her soccer career as the Hawks all-time point scorer with 133 career points on 53 goals scored and 27 assists. David Welch won the NCAA Division III National Championship in the 197-pound weight class, becoming the first-ever national champion in RWU Wrestling history! In addition, he earned All-New England honors after winning

the 197-pound weight class at the NCAA Northeast Regional. He was named New England Wrestling Association Wrestler of the Year and named to the Pilgrim League All-Star First Team. He also became the all-time leader in career wins in RWU Wrestling history with 151.

The major awards for student leadership this year were presented to Haya Awwad and Matthew Mazzie as the Karen Haskell Outstanding Senior Leaders, to Virginia Albert and Sarah Quinn as the Prof. Harold Way Outstanding Juniors (Academic & Leadership), and to Faihn Ali Alfahani and Aleksander Kusik as the Melisa Carrasquillo Intercultural Citizenship Award winners.

Enjoy your summer!

Sincerely,
John J. King, Ed.D.
Vice President – Student Life

*“The leadership and accomplishments
of this year’s senior class –
and the class spirit built by the class officers –
has been remarkable.”*

— Dr. John J. King, Vice President of Student Life

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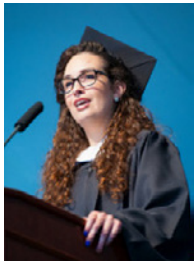
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COMMENCEMENT 2016

By Allison Chase Padula, Associate Dean of Students

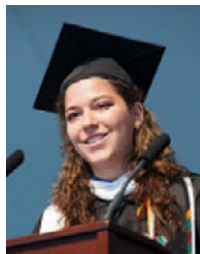
Roger Williams University's 46th Commencement Ceremony was held under a beautiful blue sky on Saturday, May 14, 2016. The Class of 2016, consisting of 837 undergraduates and 200 continuing education students, proudly participated in the milestone ceremony to the wild applause of family, friends and the University faculty and staff.



The Commencement ceremony began with the singing of the National Anthem by Victoria Carroll, a talented member of the Class of 2016. Victoria graduated with a major in

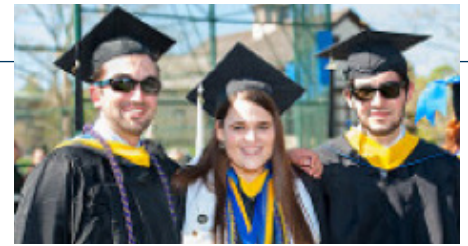
music and a minor in theater. She was born and raised in Bristol, Rhode Island, and was an active participant in the music program at RWU, singing at numerous campus events including Gospel Fest with the University Choir and as a soloist in the Student Academic Showcase. She was also cast in two mainstage theater productions and thoroughly enjoyed being a part of the performing arts scene at RWU.

Another talented member of the class, Danielle McCullough, was selected through a very competitive process to be the student Commencement speaker. Danielle, a double major in Spanish and Secondary Education, hails from



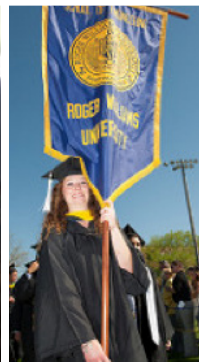
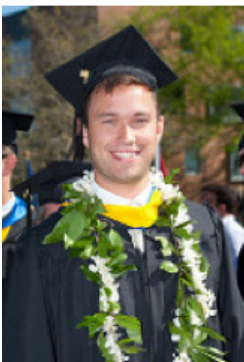
Stoughton, MA. During her time at Roger Williams she worked as a peer mentor, assisting new students in making a smooth transition to RWU, was President of the Spanish club, a member of the Alpha Chi Omega and Spanish honor societies, and was a conversation partner assisting non-native speakers seeking to improve their English skills. Danielle spent a semester in Granada, Spain and, leaving the day after Commencement, she will travel to Nicaragua with the Foundation for the International Medical Relief of Children. In her speech, Danielle connected her student experience as an RWU student studying abroad to that of orca whales, mammals who instinctively form family pods and personal bonds to support each other through life's journey.

Commencement is also a time to recognize some of the many outstanding students that make up the Class of 2016 including those students chosen by their respective schools to serve as School Marshals. The student marshals have the honor of carrying their school's banner and leading their classmates into the tent. They are also the first students in their respective schools to receive their diplomas. We congratulate the following RWU Class of 2016 School Marshals: Nicole Christie Weber – School of Engineering, Computing and Construction Management, Heather Alexandria Saad Mohamed – School of Education, Diandra Yvonne Franks – School of Justice Studies, Diego Zubizarreta Otero – School of Architecture, Art and Historic Preservation, Micheal Aaron Riedé – School of Continuing Studies, Brian Patrick Flanagan



– Mario J. Gabelli School of Business, Victoria V. Tuttle – Feinstein College of Arts and Sciences.

Finally, the President's Core Values Medallion recipients were called on stage to receive their keepsake from President Donald Farish. Fourteen students were selected from the many deserving members of this outstanding class for their contributions to the campus community, their commitment to the core values of the institution and their academic success. Each of the schools, together with President Farish, selected this year's class of core values medallion honorees. President Farish and the entire Roger Williams University community congratulate the following graduates on this prestigious award: Pelumi Adegawa – School of Architecture, Art and Historic Preservation, Kelia M. Bravo – School of Continuing Studies, Kaylynn Ann Constantine – School of Education, Joshua Wayland Snarski – School of Engineering, Computing and Construction Management, Morgan Nicole Soucy – Feinstein College of Arts and Sciences, Joshua Alan Leitao – Feinstein College of Arts and Sciences, Abigail Joy DeVeue – Feinstein College of Arts and Sciences, Sarah Elizabeth Deneault – Mario J. Gabelli School of Business, Anamaria Pacheco – School of Justice Studies, and At Large Recipients, Faihan A. Alfahani, Jami Lyn Hall, Eric J. Laboissonniere, Matthew Hamilton Mazzie and Manveer Singh.



Provost Andrew Workman, President Donald Farish, and Excellence in Teaching Award Recipient Dr. Michael Melton

STUDENT LIFE ACHIEVEMENT CEREMONY

By Carol Sacchetti, *Director of Student Programs & Leadership*

The Division of Student Life presented annual awards at the Student Life Achievement Ceremony held on May 1st. This ceremony recognizes the academic and co-curricular achievements of our students.

We congratulate the award winners:

Student Tour Guide of the Year
Andrea Archul and Jared Ramos

Student Admission Assistant of the Year
Matthew Regan

Organization Member of the Year
Conor Casey

Club Member of the Year
Briana Trembly

Senate Scholarship in Academic Achievement
Brianna Daybre, Sabrina Polin,
Janel DeCurtis, & Danielle Bernier

Senate Scholarship in Activism Achievement
Meaghan Durbano, Julianne Vesce,
Isabel Clark, & Danielle Small

Charles J. Kelley Health Services Award
Jacob Weeks

The James Russo Award for Student Athlete Academic Excellence
Haley Carignan and Shawn Cariglio

Sustainability Award
Olivia Halnon

Resident Assistant of the Year Award
Nick Dillion

Lt. Charles A. Henderson, USN '99 Outstanding Tutor Awards in Math, Science & Writing
Outstanding Tutor in Math
Kristina Biyad
Outstanding Tutor in Science
Faihan Ali Alfahani
Outstanding Tutor in Writing
Abigail DeVeuve

Melisa Carrasquillo Award for Intercultural Citizenship
Faihn Ali Alfahani and Aleksander Kusik

Mark D. Gould Commitment to Student Learning Award
Professor Jeffrey Meriwether, Ph.D.

Karen Haskell Award
Haya Awwad and Matthew Mazzie

Dr. J. Harold G. Way Award
Virgina Albert and Sarah Quinn

Student Life Hawk's Spirit Award
James Kelley

Lt. Charles A. Henderson, USN '99 Spirit Award
Jami Hall



RWU's Recipients of Who's Who Among Students in American Colleges & Universities

Virginia Albert, Veronica Aliciea, Haya Awwad, Spencer Babst, Rachel Battista, Kristen Boyer, Jenna Brink, Sharilynn Brown, Christopher Bushy, Marquis Caesar, Alex Campbell, Nicole Capistran, Haley Carignan, Danielle Combs, Eliza DiBara, Katie DeBlois, Megan Dulong, Andrew Erickson, Selena Fortes, Christopher Gilman, Harry Hall IV, James Kelley, Aleksander Kusik, Kelly Kwawu, Henri 'Tyler' Lanciaux, Jesse Langknecht, Katie Lowerre, Erin Lyons, Nataly Maloney, Zachary Marcoulier, Adam Mayer, Matthew Mazzie, Danielle McCullough, Brendan McQueeney, Kerlie Mertizer, Caleb Milford, Katherine Mitchell, Heather Mohamed, Alyssa Otis, Jonathan Panella, Sadie Peden, Gabriella Perez, Ashley Ann Perez-Rivera, Kristi Perrault, Kaelyn Phelps, Sarah Quinn, Kristina Rauccio, Matthew Regan, Seth Reiner, Neal Hart, Stephanie Ressler, Jill Resh, John Rice, Randal Richardson Jr., Christina Sargeant, James Scacco, Blake Sherman, Manveer Singh, Jessica Soares, Michelle Taylor, Kate Thompson, Emily Tomczyk, Rachel Trahan, and Eric Valenti.

STUDENT PROGRAMS AND LEADERSHIP UPDATE

By Carol Sacchetti, *Director of Student Programs & Leadership*

The Department of Student Programs and Leadership enjoyed another successful spring semester of event programming. Our Student Clubs and Organizations worked hard to create meaningful events to end the 2015–16 academic year.

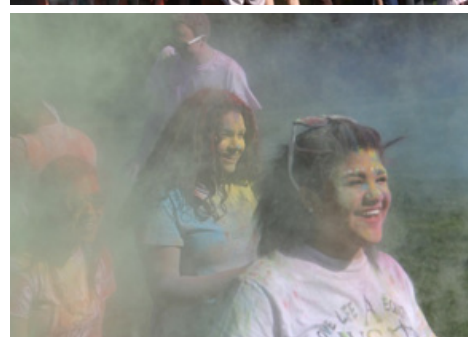
Several of our highlighted events are featured below:



Campus Entertainment Network (CEN) Block Party Rides



Spring Dance Club Show



**Multi Cultural Student Union (MSU)
Holi Festival of Color**



**Inter Residence Hall Association (IRHA)
Annual Late Night Breakfast**



**Inter Class Council (ICC)
Cake-Off Event raising
over \$1,200 for the
Confetti Foundation**



WQRI 88.3 Radio Station Spring Fest Concert



WALK A MILE IN HER SHOES

By Corey Brown, *Coordinator of Residence Education for Bayside Courts*

The Locker Room, in conjunction with The Women's Center, sponsored the 6th annual Walk a Mile in Her Shoes event on Wednesday, April 27th, 2016. The event brought male (and female too) students, staff, and faculty together to walk the campus wearing high heels in order to bring awareness to the issues of domestic violence and sexual assault. The Walk measures roughly a one-mile journey around the RWU campus, beginning at the Library Commons. Proceeds generated (\$1,000 this year) by the event benefit The Rhode Island Crisis Assistance Center to assist survivors of domestic violence and sexual assault.



NEWS FROM THE RWU COUNSELING CENTER

By Dr. Christopher Bailey, *Interim Director*



The spring semester witnessed the Counseling Center's continued support to Roger Williams' students via individual therapy as well as groups that focused on

Anxiety and Stress, Happiness Habits, and Yoga and Meditation. We also offered a limited amount of psychiatric consultation to students. In February, we were joined by a new staff clinician, Dr. Meghana Suchak, who received her doctorate in counseling psychology from Purdue University.

As summer ends and the fall semester begins, incoming and returning students often face challenges in distancing from home life and being immersed in campus life. These challenges can take many different forms such as taking on new responsibilities, especially for one's own direction; building relationships

with new friends or dating partners; negotiating shared space with roommates; managing increased academic demands and decision-making about career paths; and reflecting on values, priorities, and goals. The Counseling Center is available to assist students in meeting these challenges and directing students toward helpful resources. This fall we will continue to offer short-term individual and group counseling, to provide outreach presentations on topics relevant to student concerns, and to be accessible to consult with members of the university community about student concerns. We also invite students, parents, staff, and faculty to view our website at <http://www.rwu.edu/campus-life/health-counseling/counseling-center/resources> for valuable resources, including a variety of informative brochures. Weekly mental health tips can also be accessed at any time at <http://www.rwu.edu/campus-life/education-learning/health-counseling/counseling-center/resources/mental->

health-tip-week. Our website offers information on a range of topics such as adjustment to RWU, depression, anxiety, and procrastination.

Finally, we want to remind you that individual therapy is a confidential activity, which means we cannot share information about the fact or content of a student's visit to the Counseling Center without the student's permission except in very rare circumstances. However, families are welcome to call us to consult with one of our clinicians and to share concerns about their student. All full-time undergraduate, graduate, and law students are eligible for our services free of charge. The Counseling Center is located on the 2nd floor of the Center for Student Development. We are open on weekdays (except for university holidays) during the school year from 8:30 a.m. to 5:00 p.m. To schedule an initial appointment, a student can call (401) 254-3124 or visit the Counseling Center.

SPRING BREAK SERVICE TRIPS

By Carol Sacchetti, *Director of Student Programs & Leadership*

Spring Break is often a time to vacation and relax. This was not the case for the 80 Roger Williams students who volunteered their time and effort for one of our RWU service trips. The following photos showcase some of our student travellers, including:

Habitat for Humanity:

Sumter, SC and Monroe, NC

Stay Break: Rhode Island Community

Inter Varsity Christian Fellowship: Tampa, FL

Engineers without Borders and Foundations of International Medical Relief for Children: La Restauracion, Dominican Republic



THE INTERCULTURAL CENTER'S SPRING 2016 SEMESTER

By Don Mays, *Director of the Intercultural Center*

Spring semester is a time for all to show their true colors at the Intercultural Center. From Global Fest to the Indian Holi celebration, students engage in expressions of culture, social justice, unity, and treasured traditions from around the world.

This year marked the 10th Anniversary of Global Fest during which the entire campus community celebrated RWU's International student population. The week-long event included screenings of international films, cultural presentations, cooking cuisines from dozens of countries, a fashion show and exciting music and dance!



Programming at The Center showcased a broad representation of educational issues, religious celebrations, promotions of peace and unity – a true celebration of RWU's growing diversity.



The Center proudly supports the clubs and organizations whose mission is to promote diversity and inclusion. The anchor organization, MSU (Multicultural Student Union) continues to hold high the banner of campus unity by providing a voice for the ideals of social justice and equality. SAFE, Spanish Club, "The Barber Shop," and the newly formed Africana Student Coalition (ASC) make strides to ensure that all students have a voice and all voices are heard.



Continued...

THE INTERCULTURAL CENTER'S SPRING 2016 SEMESTER *continued*

And still along the way, we found time to have a little fun...



SPIRITUAL LIFE AT RWU

By Reverend Nancy Hamlin Soukup, *University Multifaith Chaplain*



Members of RWU Hillel gathered in April for the fifth annual Passover Seder in the Upper Commons Dining Room (Photo: Don Mays)

As we anticipate the 2016–2017 academic year, RWU's Office of Spiritual Life is already planning for an exciting fall with a variety of faith-based gatherings and multifaith activities for students. From Catholic Masses to InterVarsity Christian Fellowship (IVCF) prayer meetings and Bible study to daily prayers for Muslim students to Friday Shabbats for Jewish students, RWU students are actively engaged in spiritual life and religious observances on campus.

Highlights from Spring 2016 include the RWU Roving Eye Film Festival's three-day selection of films on the Jewish experience. In April, the series featured eleven short- and long-feature films all released within the past two years, reflecting Jewish life during the last 70 years in Europe, Israel, and the U.S. In addition, the RWU Hillel celebrated a Shabbat hosted by Athena C. and Adam J. Brodsky P'19, parents of freshman Leah Brodsky, and the fifth annual Seder hosted by the Spiritual Life Office and Sharon A. and Dennis Javer P'18, parents of sophomore Daryn Javer.

In March 2016, one Spiritual Life faith group participated in a service-learning break, and the Office began planning for an alternative spring break experience scheduled for March 2017. Students from IVCF, who have gone to New Orleans

for many years to do Hurricane Katrina building rehab, this year joined other New England IVCF chapters in Tampa, FL to undertake similar activities there. We are excited to be returning to Arizona next March for the Native American culture and history project (we first visited Navajo Nation in 2015). This spring semester approximately 130 students took advantage of project-sponsored programs about Native American tribes in and around southern New England through films, speakers, and an on-site visit to the Pequot Museum.

On the eve of Ramadan, plans are underway within the Muslim student community to hold three community dinners per week during June, Islam's sacred month of fasting. RWU Muslim students will be the chefs for these upcoming community meals. First Eid (or Eid al-Fitr) will be a joyous occasion celebrated at the end of Ramadan in July. This spring, the Muslim community held its inaugural screening of films on the Muslim experience at the Roving Eye Film Festival. Four new films were shown

depicting Islam in the United States, India, Kenya, and Iran.



Members of the RWU University Choir and Prism of Praise Community Gospel Choir at the fourth annual concert in April Commons Dining Room (Don Mays)

At the end of April, the Office featured its fourth annual GOSPELFEST featuring the Prism of Praise Community Gospel Choir and the RWU University Choir in a joyous celebration of the Spiritual and Gospel traditions. The Global Heritage Hall Atrium was filled with approximately 200 RWU students, staff, faculty as well as neighbors from nearby communities, who joined the choirs in the singing.

For more information about the Office of Spiritual Life, you are welcome to contact the Rev. Soukup, University Multifaith Chaplain and Director of the Office, at (401) 254-3433 or nsoukup@rwu.edu.

RWU ATHLETICS SPRING 2016 SEASON RESULTS

By Nick Williams, *Athletics Communication Director*



The Roger Williams University Athletic Department concluded the 2015-16 academic year with another outstanding season.

RWU teams captured two Commonwealth Coast Conference Championships, including the first-ever title for Women's Lacrosse as well as runner-up finishes in the conference for Women's Track & Field, Men's Tennis, and Softball.

Thirty-two student athletes from Roger Williams University received All-CCC recognition. Additional regional awards went to a number of Hawks, including IWLCA All-Pilgrim Region selection McKenna Everding and NEILA All-Academic team honors to Dan Arket, Nick Gagnon, Caleb Kenney, and Eric Valenti.

Under first-year Head Coach Jason Tower, the Baseball team rallied to a 15-22-1 overall record, finishing in seventh place in the Commonwealth Coast Conference. During the year, the team collected three doubleheader sweeps on the season including two during the Florida Spring Break trip against Montclair State and SUNY-IT and a CCC sweep of Eastern Nazarene.

Equestrian finished the spring with a fourth-place finish at the Region 1 IHSA Finals at Claddagh Farm. The Hawks sent five riders to the regional show, with Lauren Loshivao finishing third in the region in Open Fences.

The Women's Lacrosse team completed its first-ever undefeated regular season in the CCC, going 8-0 in conference play and 15-4 overall. The Hawks earned the top seed in the CCC Tournament, winning its first conference championship in program history with a 16-7 win over Endicott and advancing

to the NCAA Tournament for the first time. Nine Hawks made the All-CCC team, including CCC Offensive Player of the Year McKenna Everding, CCC Rookie of the Year Emily Stoeppel, and CCC Coach of the Year Lisa Vogeley.

The Men's Lacrosse team completed its second ten-win season in three years. The Hawks went 6-2 in the Commonwealth Coast Conference to earn the #3 seed for the conference tournament. The team defeated Wentworth in a 19-7 rout in the CCC Quarterfinals before ending the year in the CCC Semifinals against Endicott. Nine athletes were named to the All-CCC team, including Dan Arket as CCC Senior Scholar-Athlete of the Year.

The Men's Polo team competed this past year in its first season as a varsity sport. The Hawks collected its first win in program history back in October with a 22-12 victory over the University of Connecticut. In the spring, the Hawks competed in the United States Polo Association Northeast Regionals for a chance to take part in the USPA National Championship. Unfortunately, the Hawks suffered a close 15-16 setback to the University of Toronto in the semifinal round.

The Sailing team enjoyed another successful spring, placing third or better in ten regattas during the spring season with wins at the Herring Pond Team Race and the Mt. Hope Bay Invitational. The Hawks' notable win came at the Coast Guard Alumni Bowl, which earned RWU a berth to the Coed Dinghy National Championship. In addition Breanne Baldino and Sara Swanson were named to the All-NEISA team.

Softball ended the regular season with a 19-17 overall record while going 12-6 in the CCC to earn the #5 seed for the conference tournament. In the CCC Play-In game, the Hawks defeated eighth-seeded Gordon 8-0 in a five-inning blowout to advance to the double elimination portion of the tournament. From there, the Hawks rallied all the way to the CCC Championship Game, upsetting the #2 and #4 seeds on their way to the title game. RWU ended the year at 24-19 while placing six student-athletes on the All-CCC Team.

The Men's Tennis team won the Commonwealth Coast Conference regular season title for the second straight season, going 7-1 in conference play. The Hawks earned a first-round bye and advanced to the CCC Championship before falling to Nichols College. In postseason honors, the Hawks placed four student-athletes on the All-CCC team, with Eric Laboissonniere honored as CCC Player of the Year and Barry Gorman being named CCC Coach of the Year for the second straight season.

The Women's Track & Field team finished as runner-up at the Commonwealth Coast Conference Championship. During the season, five school records were broken in the 400 Meter Dash (Jacqueline Wyka), 800 Meter Dash (Makayla D'Urso), Pole Vault (Aliya Lewis), and the High Jump and Javelin Throw (Savannah Fox Tree-McGrath). In addition, Fox Tree-McGrath became the first individual in RWU Track & Field history to earn All-New England honors in multiple events (High Jump, Javelin Throw).

The Men's Track & Field team came home with another Commonwealth Coast Conference Championship, winning the eighth straight conference title in program history. At the championship, Ian Mitchell won five events for the Hawks on the day, and during the season he broke two school records in the Long Jump and Triple Jump. At the New England Championship, Mitchell also earned All-New England honors in the Triple Jump.

"BEAST OF THE EAST"

By Luke Gerweck '18

Waking up at dawn to set up for the world's largest collegiate rugby tournament, the Roger Williams Men's team was focused and prepared to win the whole tournament. After coming up short in the fall season with a loss to UMass Lowell in the Conference Championships, the team set its spring season goal to be the best team on the East Coast. On Saturday, the pools were drawn and RWU's first match was against Boston University. A sloppy game to begin, the large BU forward pack tried to overpower the RWU defense; we drove them back with tenacity and the momentum began to swing our way. Despite a brutal wind and the inability to kick to our favor in conversions and open play, RWU put down BU in the beginning of the second half, finishing with a score of 20-0.

Only a few hours later, the second match was against our in-state rivals Providence College. Providence came out hard and managed to score first on a broken play, but that was the furthest they broke all game. RWU's solid defensive line and hard runs by power forwards Luke Bradley, Keith Chamberlain, John Rice and Chris Lowman opened up room for the speedy backs including Zac Mays, Colin McSweeney and Jedu Armar to enjoy a devastating field day. Final score: RWU 25-5.

On day two, RWU faced Sacred Heart University in a winner moves on bracket. A well-coached Sacred Heart team gave it all they had, but was silenced by the Hawks' solid defense and superb offensive attacks. This match gave us a springboard for the day, where we faced longtime rivals Salve Regina in the quarterfinals. After quite possibly the most physical game of the year, with scoring shifting both ways, Roger Williams led 14-11 with one minute left. Junior flanker John Rice was awarded a yellow card earlier in the match, but returned to give RWU the lead, touching down a rumbling try into the corner. In the final 10 seconds of the match a penalty was given to Salve Regina, who opted for a kick at goal. The resulting kick went wide left and Roger Williams emerged victorious again.

The finals brought Plymouth State and Roger Williams together, after only a 45-minute break, with the title on the line. Roger Williams was focused, prepared and eager to seize the hard-earned championship opportunity. The beginning minutes were scattered, but after settling down and adjusting the offense, RWU drove over the opposition with tries from Luke Gerweck, Luke Bradley and Colin McSweeney. Plymouth State seemingly lost their will to play and RWU coasted to the final victory of the weekend!



This was a weekend spurred forward by hard defense, aggressive offense and crafty play to earn the title "Beast of the East". Roger Williams Men's Rugby thanks its fans for the constant support and momentum that they bring to every game, home or away.



"Roger Williams Men's Rugby thanks its fans for the constant support and momentum that they bring to every game, home or away."

IMPORTANT MESSAGE FOR FAMILIES

Student Health Insurance Information for Academic Year 2016-17 (Waiver and Voluntary Enrollment Procedure)

Health care and insurance is often a concern of families as their students depart for college. Roger Williams University is actively involved in the health and well-being of our students. All full time undergraduate day students have access to Health Services as it is covered by undergraduate student fees. There is no charge for visits to Health Services for illness or injury. Charges will be incurred for routine well-physical exams, immunizations, lab work, prescription medication and referrals to outside providers. These charges can be submitted to your private health insurance. Charges not covered by your private health insurance will be billed directly to the student by the provider of the service.

Health Services is open 8:30 a.m. to 5:00 p.m., Monday–Friday. After hours, emergency care is provided through Newport Hospital, Rhode Island Hospital or Bristol County Medical Center. Emergency transportation to and from these facilities is provided if needed. Students should contact their CORE/RA or Public Safety at (401) 254-3333 for any after-hours medical concern.

As you prepare for the 2016–17 academic year, we urge you to consider your health insurance coverage a top priority. It is important that students have access to comprehensive medical care while enrolled at Roger Williams University, and we are pleased to make available an Accident & Sickness Insurance Plan for our students. The following provides additional information regarding the Plan.

Roger Williams University requires all students to have adequate health insurance coverage and has sponsored a student health plan for many years. With the passage of the Affordable Care Act, the terms of coverage have expanded and the number of students requiring coverage has declined. As a result, we are subject to greater pricing volatility and have experienced a significant increase in rates for the 2016-2017 academic year given the lower number of students and higher level of claims. The University has thoroughly explored all alternatives and has found the renewal program to be competitive in relation to other possibilities and programs at similarly situated schools. The renewal plan will feature higher deductibles but also will add copayments for office visits to offset increased deductibles. As an alternative to the University program, students may wish to consider other options available to them through their home state insurance exchange, but students should verify coverage extends to Rhode Island based providers.

All full-time undergraduate (both residential and commuter), all Master's in Architecture students, all first- and second-year School of Law students, all Master's of Law students and all international students on an F-1 or J-1 visa are automatically enrolled in the University's Student Accident & Sickness Insurance Plan for coverage effective August 14, 2016–August 13, 2017. **Those students who provide proof of adequate coverage under an existing plan may waive the University's Student Insurance Plan through the below process.**

Those students who do not waive the insurance and those not covered under an existing plan will see a separate charge of \$2,332 on their bill. Coverage terms for international students traveling on J-1 visas have been modified to conform to Federal guidelines for J-1 travelers; this modification will result in an additional cost of \$117 to the standard student health insurance premium noted above. An explanation of the Student Accident and Sickness Insurance Plan can be found online at: <https://consolidatedhealthplan.com/group/112/home>

Waiver Process: If you are currently insured under another insurance policy and do not wish to have coverage under the University-sponsored plan, you may waive out of the insurance. To waive out, students will be required to decline the University's Student Insurance Plan and provide information on their insurance plan by completing the on-line form here: <https://consolidatedhealthplan.com/group/112/waiver/1>

By completing a waiver, you are certifying that you have comparable coverage and agree that you will be responsible for your medical expenses, and that Roger Williams University will not be responsible for those expenses. Upon your waiver being accepted, the insurance fee will be removed from the student's account. **FAILURE TO COMPLETE the on-line Waiver Form by the deadline, August 15, 2016, will result in your mandatory purchase of the University's Student Insurance Plan for the 2016-2017 academic year, without the possibility of later waiver, refund or cancellation.**

Before Waiving: If you are considering waiving the University's Student Insurance Plan, please note that some insurance plans are restrictive and may leave students essentially uninsured while away at school. This could result in you incurring substantial out-of-pocket costs for medical care. In evaluating your plan and to assist you in making an informed decision, you must verify the following:

- Your plan provides adequate coverage that is accessible in the Rhode Island area for:
 - Lab tests and x-rays
 - Prescription drugs
 - Hospitalization (including room & board, physicians' fees & surgical expenses)
 - Outpatient hospital services
 - Mental health care
 - Emergency room care
- Your plan will cover the student through August 13, 2017
- Your plan does not have a high deductible that needs to be met before you are allowed to access coverage
- If the student intends on studying abroad this upcoming year (including for a short-term study abroad trip) the plan provides coverage anywhere in the world

Please understand that the University reserves the right to decline a waiver request (and revoke an approved waiver) if it determines that the alternate insurance does not provide adequate insurance coverage.

Once You Waive: If you waive coverage, you can only enroll at a later date if you lose coverage under your current private health insurance plan due to a qualifying event. You must enroll within thirty one (31) days of the loss of coverage. You will be charged the full premium for the entire term if you enroll before January 15, 2017 or the spring semester premium if you first enroll after January 15, 2017.

Fall Semester Reminders for **ALL RETURNING STUDENTS:**

1. Students should carry a current private insurance card and also have a copy on file at Health Services.
2. Non-athletes are only required to have the initial admissions physical.
3. If a student expects to play a sport during the 2016–2017 academic year, an updated physical will be required. This is best done over the summer break. Please contact the Athletic Department for details.
4. Remember that Health Services is a great resource for health and wellness education!

Health Services may be contacted at (401) 254-3156.

Summer hours are Monday–Friday, 8 a.m.–4 p.m. (closed noon–1 p.m. for lunch).

STUDENT LIFE **AT** RWU

Roger Williams
University

