

Sex and Pizza

Communicate and choose together...

When you want it!
 Who you share it with!
 How much you want!
 When you are satisfied!

BASEBALL	SEX
Pitcher/Catcher	Perform/Receive
First, Second, Third Base	Stages of sexual activities
Score/Hit a homerun	Going "all the way"
Strike Out	Did or received nothing
Bench Warmer	Virgin, or not in the game
Glove/Catcher's mitt	Condom
Switch Hitter	Bisexual
Plays for the other team	Gay

HAWE Mission

We as Health and Wellness Educators are students interested in promoting healthy lifestyles. We work together to educate the RWU community about alcohol & other drugs, safe sex, nutrition and general wellness.

Our approach is nonjudgmental with an emphasis in reducing harm to self and others.



Facebook.com/HAWESRWU
 Twitter @ RWU_HAWES

SEX NEEDS A NEW METAPHOR

Not Baseball...



How about pizza?

Found on: TED Talks

<http://on.ted.com/Vernacchio>

Roger Williams University
 Health Education Office
 Center for Student Development
 Room 211

Why Baseball is Bad for Sex

Al Vernacchio delivered an insightful TED talk on the power of the baseball metaphor as it pertains to sex. In his talk, *Sex Needs a New Metaphor*, Vernacchio offers the idea that the baseball metaphor, while it is the dominant cultural metaphor for sexual activity in America, is incredibly problematic.

In this model, stages of sexual activity are referred to as bases: first, second, and third base. As we grow up and experiment with sexual activity, we are taught to progress through these stages. Although definitions of each stage may vary, the main point to draw from them is that no one really has the option of *staying* at a base. Because, like baseball, we must round the bases in order to ultimately score a 'homerun.' It is obvious that baseball sets a metaphor for sex, and that this model is sexist, heterosexist, and goal-oriented.



Vernacchio proposes an alternative to the baseball metaphor: PIZZA! Who doesn't like pizza? Let's compare playing baseball versus eating pizza. When do you play baseball? Only during baseball season! But not everyone has the skill set to play, and if you do, you can't decide when you play baseball. In baseball, you play when you have to which serves as an unsuccessful metaphor for sex.

You should have sex when both partners want to have sex. This idea is conveyed in the pizza model. You have pizza *when you communicate with your partner and choose to have pizza*: when you are both hungry and craving pizza.

People associate pizza with a positive experience!
Pizza, unlike baseball, is universally understood.

What about the expected outcome of baseball? You play to win. If this corresponds to sex, then there is a winner and a loser: two people taking competitive roles. With pizza, there is no winner. When you sit down to have pizza with someone, you decide the kind of pizza you both like. You can go half and half, or decide to try one kind of pizza one night, and another kind the next night. The question you ask each other after is: "are you satisfied?" The whole premise behind the pizza model is that you, as an individual, get to communicate with your partner about when and what you want.

