

Need a peer to talk to? Trained student volunteers can be your health coach!



These Health Coaching sessions are run by a team of trained student volunteers in the Health and Wellness office. They have been trained in order for you to get the most out of these health coaching sessions. Roommate drama? Stress? Relationship issues? We are here to listen. It is completely confidential without judgement. Get everything off your chest. Stop by today!

THESE SESSIONS ARE NOT MEANT
TO REPLACE NEEDED
PROFESSIONAL COUNSELING

WALK IN OR SET UP AN
APPOINTMENT WITH US!

EMAIL US AT
PSYCHINTERNSRWU@GMAIL.COM
OR CALL US AT 401-254-3491

ALL SESSIONS ARE
CONFIDENTIAL, ANONYMOUS,
AND JUDGEMENT FREE!

WALK INS WELCOME!

**Center for Student
Development
Monday-Wednesday
5-9 PM
Thursday
5-7 PM**

