

### **EDU 373 – Issues in Middle and Secondary Health Education**

*Prerequisites: Admission to the School of Education's Secondary Education Program.*

This course is designed to help students enrolled in the education program to become more competent and comfortable teaching health education. Topics explored in this course include Tobacco, Alcohol and other drug use, Mental and Emotional Health, Sexuality and Family Life, Personal Safety and Disease Prevention and Control. This course will utilize a variety of teaching modalities. This course is also designed to provide participants with sound, basic knowledge and sensitivity to some of the most difficult issues with which they are confronted during their professional lives and to assist them in appropriate skill development regarding these issues. All content will reflect current philosophy, theory and sound empirical evidence supporting the various classroom approaches and methodologies presented, as described by theorists cited in the attached readings. The course will be presented by a primary instructor, who will utilize activities, scripts, trigger videos, guest speakers on occasion who will bring extensive experience in working with young people in the area of health education.

*(1 credit) This course is offered in two Saturday sessions during the Fall and Spring*